

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

. TATAISO YA HO SEBEDISA KHARIKHULAMO E FETOTSWENG BAKENG SA BOKGONI HOTSА BOPHELO MOKGAHLELONG O TLASE:

- Bokgoni ba tsa Bophelo ke mokokotlo wa ho ruta mohatong wa Motheo. Nnete ena e ke ke ya toboketswa ka matla ho lekana. O kgonahatsa “**ho ruta le ho ithuta ho tebileng**” ha baithuti ba sebedisa tlotsontse , bopa tema ya ho bala ka kopanelo le ho ngola, bokgoni ba bukantswe, bopa mongolo jwalo jwalo.
- Tsebo ya Motheo le Bophelo bo Botle ba Batho le Phedisano kharikhulamong ya bokgoni ho tsa Bophelo di hlophisitswe ka dihlooho. Tshebediso ya dihlooho e hlahiswa e le mokgwa wa ho kopanya ditaba ho tswa dibakeng tse fapaneng tsa boithuto moo ho kgonehang le moo ho loketseng. Dihlooho tse kgetilweng tsa Bokgoni ho tsa Bophelo ho KHARIKHULAMO bakeng sa kotara ya 1 h o isa ho ya 4di lokela ho rutwa.
- Kharikhulamo ya Bokgoni ho tsa Bophelo ya kotara ya 1 ho isa ho ya 4 e kenyelleditswe tokomaneng ena.
- Jwaloka kotareng ya 2 ho isa ho ya 4, tokomane e kenyelleditswe bokgoni le makgabane, likgopolole tsebo ya mantlha hammoho le disebediswa tse sa kenyelletswang ho KHARIKHULAMO.
- Dikatang tsa Bokgoni ho tsa Bophelo di sekasekilwe ka ho nyalelana, ka mokgwa o bonolo ho feta dibeke tse abetsweng kotara ka nngwe.
- Beke tse nne di behetswe “boitokisetso” bakeng sa kereiti ya 1 e kenyelletswang bokgoni ba ho bona, ho utlwa, ho tshwara, le temoho ya medumo bakeng sa barutwana bao ho ka etsahalang hore ha ba boememong ba ho qala kharikhulamo ya kereiti ya pele. Ho ithuta le ho ruta ho tla tswela pele kamora beke tse pedi ho sebediswa mookotaba o lekanyeditsweng. Ho balla hodimo, padisommoho, dipapadi, ho bina mmoho, le diphazele di tswela pele hoy aka sehlooho sa “Nna”.
- Maemo a teng ka phaposing ya kereit ya 1 a tla bontsha hore na ho na le bana hlokang ho feta beke tse nne ho itokisetsa kereiti ya 1. Barutwana ba jwalo bat la tswela pele ho itokisetsa kereiti ya pele ha dithuto di ntse di tswela pele. O KA KGETHA DINTHO TSEO O DI RUTANG HOYA KA NAKO E HLOKEHANG HO NETEFATSA HORE BARUTWANA QETILE MOSEBETSI O FETILENG.
- Kereiti ya 2 le ya 3 di behetswe beke tse 2 bakeng sa tekanyetso ya sethato le boitokiso. O ka sebedisa dihlooho tsa kotare ya bone bakeng sa ho qetella mosebetsi wa dipuo. Sebedisa dihlooho, tsebo, le bokgoni bakeng sa ho ruta puo. O KA SEBEDISA DIBEKE TSA HO RUTA THUTO YA BOKGONI HO TSA BOPHELO KOTARENG YA 1 ho ya ka nako e hlokwang ke barutwana ho qetella thuto e salletseng morao.

TIJHERE O LOKELA HO ELWA HLOKO DINTLHA TSE LATELANG HA A RUTA THUTO TSE HLOKANG HORE BAIRUTWANA BA BONTSHE KA HO ETSА (MAHLALE A TLHAHO LE THEKENOLOJI, BONONO BO IQAPELWANG LE BOITHAPOLLO BA MMELE)

- **HO BAPALA ke mokgwa wa bohlokwa wa ho ruta Mokgahlelong wa Motheo mme ka hona, ha ho a lokela ho se kgathllwe. Feela tsena di etswe ho ntse ho latela melawana e behilweng bakeng sa COVI -19.**
Barutwana ba labalabela ho amohelwa le ho ba ditho tsa dihlopha hobane sena se ntshetsa pele maikutlo a ho amohelwa le ho amoheleha haholo ka nako ena ya koduwa.
- Bonono bo iqapelwang, ho bina, le motsamao ke mokgwa wa ho thoba mathata ao e ka bang a teng. Ho fa barutwana tsehetso mabapi le maikutlo, maemo a kelello le lelapa le setjhaba ka kakaretso ke boikarabelo ba rona jwaloka matijhere.
- Dibakeng tse ngata mesebetsi e meng e emisitswe kapa e fetotswe ho netefatsa ho fokotsa ho atamelana pakeng tsa batho. KA HOO MESEBETSI E KA FETOLWA ho ya ka maemo a teng a fapaneng dikolong.

TATAISO BAKENG SA TEKANYETSO E ETSWANG SEKOLONG:

- Tekanyetso e etswa ho ya ho ile ka nako tsohle, ka mokgwa wa ho boha barutwana ha ba sebetsa le ho ba fa monyetla wa bontsha bokgoni ba bona ka diketso meomong ba a tswaetseng. Barutwana ba loke ho fuwa menyetla e mengata pele ba ka lekolwa bakeng sa ho rekota le ho ba fa matshwao/maemo.
- Tekanyetso e mabapi le thuto ya Tsebo ya Motheo le Bophelo bo Botle ba Botho le Phedisano e ka ngolwa, feela dihlooho tse amanang le mesebetsi e etswang ka matsoho le mmele le ho bontsha jwaloka ho jala, ho taka setshwantsho e ka lekanyetswa thuto ya Bokgoni ho tsa Bophelo le thuto tsa dipuo. Mohlala, ho taka setshwantsho kapa ho bua ka setshwantsho. Ha sena se etswa ho tla hloka hahala ruburiki e lekolang dintlha tsa thuto ka nngwe.
- Titjhere o gqothalletswa ho sebedisa bukana ya tataiso ya Tekanyetso ya Sekolo, mme a ka fetola difuburiki tseo hoy aka seo a se lekolang.

Re iphumana re le” maamong a matjha” a fapaneng haholo mme re ka rata ho o hopotsa hore o itlhokomele. Re leboha boitelo ba hao le ho lokisetsa baithuti ba rona ho ba babedi ba nang le boiphihlelo, ba nahanang ka hloko le ho rarolla mathata.

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MOKGWA WA HO RUTA WA KEREITI YA 2: THUTO YA TSA BOPHELO

KOTARA YA 1 MATSATSI A 45	BEKE YA 1	BEKE YA 2	BEKE YA 3	BEKE YA 4	BEKE YA 5	BEKE YA 6	BEKE YA 7	BEKE YA 8	BEKE YA 9	BEKE YA10
BOPHELO BO BOTLE BA BOTHO LE PHEDISANO	<p>DIPEHELO TSA COVID-19 TSA KA MEHLA : Mesebetsi ya twaelo ya bohlweki e latelwe ka nepahalo:</p> <ul style="list-style-type: none"> • Hopotsa baithuti ka diteko tsohle tsa mesebetsi ya tlwaelo ya letsatsi ka letsatsi ha batla sekolong • Kgothaletsa moithuti ka mong ho dula hae ha a kula. • Baithuti ba tlameha ho rwala dimask letsatsi ka letsatsi. Ba di tlosa fela ha ba ja mme ba di behe sebakeng se bolokehileng. • Baithuti ba tlameha ho hlokomelwa ka nako ya dijo • Ba rute ho kwahela molomo le nko ka letsoho le kobehileng ha ba hohlola kapa ba ithimola, kapa o sebedise pampiri ya ho phumola mamina mme ba e lahle hanghang ha ba qeta. • Ba hlape matsoho ka metsi le sesepa kgafetsa kapa ba sebedise sanitaeza. • Dibaka tse theswang kgafetsa, dibapadiswa, dibuka le disebediswa le tse ding di tshwanetse ho hlwekiswa. (Dikgaba tse 5 tsa jiki di tshelwa ka litareng ya metsi). Tsen a tsohle di tshwanela ho rutwa baithuti jwalo ka mekgwa ya tlwaelo. • Lepetjo: Sielanang sebaka. – Ruta bana ho sielana sebaka le ho dumediasana bas a thetsane. • Ho thusa bana ho ba le kutlwelobohloko, ho ba thusa ho ba le boikemelo nakong e thata, ha ba ntse ba etsa tikoloho e bolokehileng le ho hlokomelana. <ul style="list-style-type: none"> • Arabela maikutlo a bana ka lerato le ka tlhokomelo • . Boloka ditlwaelo tsa ka mehla ho etsa hore diketsahalo tse sa tlwaelehang di qetelle di tlwaelehile. <p style="text-align: center;">MATITJHERE A ETSE BONNETE BA HORE SEBAKA SEO BA LENG HO SONA LE BARUTWANA SE BOLOKEHILE.</p>									
	<ul style="list-style-type: none"> • Mesebetsi ya Tsebo ya Motheo le Bophelo bo botle ba Botho Le Phedisano e tshwanela ho akaretsa dikgopolo tsa bohlokwa le bokgoni ba bana bo amahanang le Bokgoni ba tshebetso ya Saense, Dikgopolo tsa Mahlale a Tlhaho le Theknoloji, jwalo ka ho fuputsa, ho rala, ho botsa ka ho hong. Etsa bonnete ba hore tlotlontswe e a kenyelletswa ho thusa ho ntlafatsa puo. • Bonono bo iqapelwang (Bonono bo Bohuwang le Bonono bo Etsuwang) di tshwanetse ho hokahangwa ka thata le Puo. • Thuto ya Boithapallo ba Mmele e tla etswa hora e le nngwe ka beke, hora ya bobedi e tla sebedisetswa ho bala dikahare tsa Thuto ya Tsebo ya Motheo le Bophelo Bo Botle, jwalo ka ho bala dipale, dithothokiso le tse ding ka kutlwisiso. • Thuto e nngwe le enngwe ya tsa Bophelo bo botle e qale ka ho hlokomedisa bana ka Covid-19. Ba hlokomediswa ka ho hlapa matsoho, mekgwa e metle, matshwao a Covid-19, ho sielana sebaka, o ka tlaleha eng, ho mang le hona neng. Le ka buisana ka ha motswalle kapa wa leloko a hlokahetse, jj. Thuto eo e ka nka metsotso e 5 fela. • Bana ba lebeletswa ho qeta mesebetsi kaofela e bukeng ya DBE, le mesebetsi o le mong kapa e mmedi e ngolwang, kapa e etswang ka beke bakeng sa Tsebo ya Motheo le Bophelo bo Botle ba Botho le Phedisano. <p>HLOKOMELA: Ho phahamisa dipapadi tse thusang keello le ho laola ditlwaelo le boitshwaro ha se tse ngolwang. Di thusa ho laola boitshwaro, ho thusa ngwana ho mamela ka hloko, ho hoopla se a se rutilweng, ho lokisa nako le disebediswa le hore a tle a ikarabele hantle ha a shebane le mathata. Tsen a di tobane le ho ithuta. Titjhere a bale haholwanyane ka mabaka ao.</p>									


MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

KOTARA YA 1 MATSATSI A 45		BEKE YA 1	BEKE YA 2	BEKE YA 3	BEKE YA 4	BEKE YA 5	BEKE YA 6	BEKE YA 7	BEKE YA 8	BEKE YA 9	BEKE YA 10
DIHLOHO HO YA KHARIKHULAMO:		MESEBETSI YA TLWAETSO/ TEKOLO YA MOTHEO	MESEBETSI YA TLWAETSO/ TEKOLO YA MOTHEO	SEO RE SE HLOKANG HORE RE PHELE	SEO RE SE HLOKANG HORE RE PHELE	NNA LE BA BANG	NNA LE BA BANG	MOTHO E MONG LE E MONG O IKGETHILE	MOTHO E MONG LE E MONG O IKGETHILE	BOPHELO BO BOTLE	BOPHELO BO BOTLE
BOKGONI LE MAKGABANE:		<ul style="list-style-type: none"> • Ho bontsha hlompho, lerato, kutlwelo bohloko le ho amohela. • Ho bontsha bokgoni, tsebo, makgabane le tihadimo. 	<ul style="list-style-type: none"> • Ho bontsha hlompho, lerato, kutlwelo bohloko le ho amohela. • Ho bontsha bokgoni, tsebo, makgabane le tihadimo. 	<ul style="list-style-type: none"> • Ho lekola • Ho bapisa • Ho buisana 	<ul style="list-style-type: none"> • Ho lekola/ • Ho hlwaya • Ho bapisa • Ho buisana • Ho hlompha 	<ul style="list-style-type: none"> • Ho hlwaya • Ho bapisa • Ho buisana • Ho hlompha • Ho utlwela bohloko. 	<ul style="list-style-type: none"> • Ho hlwaya • Ho buisana • Bokgoni ba ho hlompha le ho tshwarela. • Ho hlompha • Ho utlwela bohloko • Ho mamellana 	<ul style="list-style-type: none"> • Ho lekola • Ho hlwaya • Ho bapisa • Ho buisana • Ho hlompha • Ho utlwela bohloko 	<ul style="list-style-type: none"> • Ho lekola • Ho hlwaya • Ho bapisa • Ho buisana • Ho hlompha. • Ho utlwela bohloko 	<ul style="list-style-type: none"> • Ho lekola • Ho hlwaya • Ho bapisa • Ho buisana 	<ul style="list-style-type: none"> • Ho lekola • Ho hlwaya • Ho bapisa • Ho buisana • Ho itlhompha.
DIKGOPOLO LE TSEBO YA BOHLOKWA:		<ul style="list-style-type: none"> • Bana ba tiwaetswa melao le tsamaiso. • Dibaka ka phaposing le sekolong. • Tekolo ya motheo • Bala buka e o e ratang. 	<ul style="list-style-type: none"> • Bana ba tiwaetswa melao le tsamaiso. • Dibaka ka phaposing le sekolong. • Tekolo ya motheo • Bala buka e o e ratang. 	<ul style="list-style-type: none"> • Mefuta e fapaneng ya dijo. • bakeng sa ho hola, matla, bophelo. 	<ul style="list-style-type: none"> • Bohlokwa ba metsi, moya le mahlasedi a letsatsi. • Ho baballa disebediswa 	<ul style="list-style-type: none"> • Metswalle • Makgetha a metswalle e nepahetseng. 	<ul style="list-style-type: none"> • Ho sebetsana le kgohlano ka katleho. • Boitshepo le ho ba dikgoka. 	<ul style="list-style-type: none"> • Batho ba a tshwana ebile ba fapane. • Maikutlo 	<ul style="list-style-type: none"> • Dintho tse thusang batho tse jwalo ka diborele tsa ho bala, diforeimi tsa ho tsamaya, dintja tse tataisang, dithusa kutlo. • Ho hlokomela batho ba nang le ditshita. • Nka ba mohale. 	<ul style="list-style-type: none"> • Ho hlokomela dijo tseo re di jang. 	<ul style="list-style-type: none"> • Dintho tse re hlokofatsang-ho tsuba, tahi, dithethefatsi. • Ditlwaelo tse nepahetseng - tse jwalo ka ho iketlisa kgafetsa, ho shebella thelevishene ka tekano.
HOPOLA ho phahamisa dipapadi tse thusang kelello le ho laola ditlwaelo le boitshwaro.											

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	<p>TSEBO YA MOTHEO:</p>	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla. 	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla 	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla 	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla 	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla 	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla 	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla 	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla 	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla 	<ul style="list-style-type: none"> • Bokgoni ba tshebediso ya dikutlo • Tsebo ya ka mehla
	<p>DIKAHARE TSA KHARIKHULAMO:</p> <p>ETSA HORE DIBUKA TSA DBE DI SEBEDISWA KA NEPO.</p> <p>Ho bala ka kutlwisiso dipale tse eleng tsa nnete le tse eseng tsa nnete.</p>	<ul style="list-style-type: none"> • Teko ya motheo ya Puo ya lapeng le Mmetse • Bana ba tlwaetswa melao le tsamaiso. • KHARIKHULAMO – Bokgoni, tsebo, tshadimo le makgabane tse ba ithutileng tsona selemo se fetileng ka kotara di phethahatswe 	<ul style="list-style-type: none"> • Teko ya motheo ya Puo ya lapeng le Mmetse • KHARIKHULAMO – Bokgoni, tsebo, tshadimo le makgabane tse ba ithutileng tsona selemo se fetileng ka kotara di phethahatswe 	<ul style="list-style-type: none"> • Mefuta e fapaneng ya dijo. • Bakeng sa ho hola, matla, bophelo. 	<ul style="list-style-type: none"> • Metsi-hobaneng re hloka metsi? • Moya o hlwekileng. – Moya ke eng? • Mahlasedi a letsatsi – • Hobaneng re hloka mahlasedi a letsatsi? • Tshireletso letsatsing. 	<ul style="list-style-type: none"> • Metswalle – makgetha a metswalle e nepahetsen. • Batho ba sekolong le hae – ho kenyeletsa ho arolelana, ho thusa, ho bontsha tlhomphe. 	<ul style="list-style-type: none"> • Batho ba sekolong le hae – ho kenyeletsa ho arolelana, ho thusa, ho bontsha tlhomphe. • Ho sebetsana le kgohlano ka katleho. • Boitshepo le ho ba dikgoka. 	<ul style="list-style-type: none"> • Batho ba a tshwana ebile ba fapane. • Dintho tse thusang batho tse jwalo ka diborele tsa ho bala, diforeimi tsa ho tsamaya, dintja tse tataisang, dithusa kutlo. • Ho hlokomela batho ba nang le ditshita. • Nka ba mohale. 	<ul style="list-style-type: none"> • Dintho tse thusang batho tse jwalo ka diborele tsa ho bala, diforeimi tsa ho tsamaya, dintja tse tataisang, dithusa kutlo. • Ho hlokomela batho ba nang le ditshita. • Nka ba mohale. 	<ul style="list-style-type: none"> • Ho hlokomela dijo tseo re di jang–kenyelleditse ho di hlokomela kgahlanong le ditshintshi, ho di boloka di phodile. 	<ul style="list-style-type: none"> • Dintho tse re hlokofatsang-ho tsuba, tahi, dithethefatsi. • Dintho tse re hlokofatsang-ho tsuba, tahi, dithethefatsi.
<p align="center">HO LOKELA HO BUISANWE KA MATSATSI A BODUMEDI LE A MANG A BOHLOKWA A KETEKWANG KE SETJHABA HA A NTSE A KETEKWA HARA KOTARA.</p>											
	<p>DISEBEDISWA:</p> <p>ETSA HORE DIBUKA TSA DBE DI SEBEDISWA KA NEPO.</p> <p>Dipapetla tsa leboteng/ Tlotlontswe ya leboteng le</p>			<ul style="list-style-type: none"> • Buka ya pele ya DBE Leq. 2– 3 • Dibopeho tsa mahlakore a mararo [3D • Dipapetla tsa leboteng • Tshwantshiso 	<ul style="list-style-type: none"> • Buka ya pele ya DBE Leq.4 – 5 • Buka ya pele ya DBE Leq. 6 – 7 • Buka ya pele ya DBE Leq. 8 – 9 	<ul style="list-style-type: none"> • Buka ya pele ya DBE Leq 10–11 • Dibopeho tsa mahlakore a mararo [3D • Dikarete tsa ho bala • Dipapetla tsa leboteng 	<ul style="list-style-type: none"> • Buka ya pele ya DBE Leq.12–13 • Buka ya pele ya DBE Leq. 14 – 15 • Dibopeho tsa mahlakoreng a mararo [3D] 	<ul style="list-style-type: none"> • Buka ya pele ya DBE Leq.16 – 17 • Buka ya pele ya DBE Leq.22 - 23 • Buka ya pele ya DBE Leq.18 – 19 	<ul style="list-style-type: none"> • Buka ya pele ya DBE Leq.20 – 21 • Buka ya pele ya DBE Leq.24 – 25 • Dibopeho tsa mahlakore a mararo [3D 	<ul style="list-style-type: none"> • Buka ya pele ya DBE Leq. 28 – 29 • Dibopeho tsa mahlakore a mararo [3D • Dipapetla tsa leboteng • Tshwantshiso 	<ul style="list-style-type: none"> • Buka ya pele ya DBE Leq. 30 – 31 • Dibopeho tsa mahlakore a mararo [3D • Dipapetla tsa leboteng • Tshwantshiso

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	letlapeng/Dibuka tsa laeaborari.				<ul style="list-style-type: none"> • Dipapetla tsa leboteng 	<ul style="list-style-type: none"> • Tshwantshiso 	<ul style="list-style-type: none"> • Dipapetla tsa leboteng • Tshwantshiso 	<ul style="list-style-type: none"> • Dibopeho tsa mahlakore a mararo [3D] • Dipapetla tsa leboteng • Tshwantshiso 	<ul style="list-style-type: none"> • Dipapetla tsa leboteng • Tshwantshiso 		
	TEKANYETSO E SENG YA SEMMUSO:	<ul style="list-style-type: none"> • Mosebetsi e tshwanela ho lekolwa le ho hlahlojwa ka nako ya dithuto tsa letsatsi ka letsatsi tsa thuto ya Bokgoni ho tsa Bophelo. Etsa bonnete ba hore bokgoni, tsebo, makgabane le tshadimo, tseo ba ithutleng tsona ho Puo ya Lapeng le Mmetse di elwa hloko. • Bana ba ka fuwa mosebetsi o ngolwang. • Bokgoni, ho sebedisa tsebo, makgabane le tshadimo ha di a tshwanela ho hlahlojwa. Etsa bonnete ba hore ngwana ka mong o fuwa monyetla wa ho bontsha bokgoni ba hae ka ho bua le ho ipabatsa le ho ngola ha di a tshwanela ho hlahlojwa. • Tekolo ya ka mehla e tswelang, e seng ya semmuso. 									
	TEKANYETSO YA SEKOLO	<p>Sheba melawana ya Tekolo ya DBE(Ikamahanye le tekanyatso e etswang ke sekolo)</p> 									



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KOTARA YA 1 MATSATSI A 45		BEKE YA 1	BEKE YA 2	BEKE YA 3	BEKE YA 4	BEKE YA 5	BEKE YA 6	BEKE YA 7	BEKE YA 8	BEKE YA 9	BEKE YA 10
TSEBO YA MOTHEO	DIHLOHO TSA KHARIKHULAMO:	MESEBETSI YA TLWAETSO/TEKOLO YA MOTHEO	MESEBETSI YA TLWAETSO/TEKOLO YA MOTHEO	SEO RE SE HLOKANG HORE RE PHELE	SEO RE SE HLOKANG HORE RE PHELE	NNA LE BA BANG	NNA LE BA BANG	MOTHO E MONG LE E MONG O IKGETHILE	MOTHO E MONG LE E MONG O IKGETHILE	BOPHELO BO BOTLE	BOPHELO BO BOTLE
	BOKGONI LE MAKGABANE: <ul style="list-style-type: none"> • Bokgoni ba tshebetso ya Saense • Bokgoni ba tshebetso ya Theknoloji. • Bokgoni ba tshebetso ho tsa Thutafatshe • Ho botsa ka ho hong • Ho manolla • Makgabane • Tjhadimo 	<ul style="list-style-type: none"> • Ho lekola • Ho bapisa • Ho buisana 	<ul style="list-style-type: none"> • Ho lekola • Ho bapisa • Ho buisana 	<ul style="list-style-type: none"> • Ho lekola • Ho bapisa • Ho hlophisa • Ho metha • Ho lekodisa • Ho buisana 	<ul style="list-style-type: none"> • Ho lekola • Ho bapisa • Ho hlophisa • Ho metha • Ho lekodisa • Ho buisana 	Ha ho na kgokahanyo ya tlhaho	Ha ho na kgokahanyo ya tlhaho	<ul style="list-style-type: none"> • Ho lekola • Ho bapisa • Ho hlophisa • Ho buisana • Ho hlokomela • Ho hlompha 	Ha ho na kgokahanyo ya tlhaho	<ul style="list-style-type: none"> • Ho lekola • Ho bapisa • Ho hlophisa • Ho buisana 	<ul style="list-style-type: none"> • Ho lekola • Ho bapisa • Ho hlophisa • Ho buisana
	HOPOLA ho phahamisa dipapadi tse thusang kelello le ho laola ditlwaelo le boitshwaro. Ho bua le ho buisana, ho iphumanela, ho botsa ka ho hong, ho rarolla mathata, ho nahana le ho fana ka mabaka ho bohlokwa haholo.										
DIKGOPOLO LE TSEBO YA BOHLOKWA:	<ul style="list-style-type: none"> • Teko ya motheo ya Puo ya lapeng le Mmetse • Bana ba tlwaetswa melao le tsamaiso. • KHARIKHULAMO – Bokgoni, tsebo, 	<ul style="list-style-type: none"> • Bana ba tlwaetswa melao le tsamaiso. • Dibaka ka phaposing le sekolong. • Teko ya motheo. • Dibuka tse balwang. 	<ul style="list-style-type: none"> • Mefuta e fapameng ya dijo. [Koro le dijothollo tsa yona, meroho le ditholwana, tse entsweng ka lebese, mafura le dioli, nama, tlhapi, 	<ul style="list-style-type: none"> • Mehlopi ya metsi [Mohlodi o moholo – pula], letamo, noka, jj. • Re ka hlokomela metsi jwang. • Bohlokwa ba moya le 			<ul style="list-style-type: none"> • Batho • Dintho tse thusang batho - tse jwalo ka diboreli tsa ho bala, diforeimi tsa ho tsamaya, dintja tse tataisang, dithusa kutlo. 		<ul style="list-style-type: none"> • Hohlokomela dijo tseo re di jang. • Ho di hlokomela kgahlanong le ditshintshi. 	<ul style="list-style-type: none"> • Dintho tse re hlokoletsang -ho tsuba, tahi, dithethefatsi. • Ditlwaelo tse nepahetseng -tse jwalo ka ho ikwetlisa kgafetsa, ho shebella thelevishene ka tekano. 	



MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO


		<p>tjhadimo le makgabane tse ba ithutileng tsona selemo se fetileng ka kotara di phethahatswe</p> <ul style="list-style-type: none"> • Dibaka ka phaposing le sekolong. • Teko ya motheo • Dibuka tse balwang 		<p>kgoho, matokomane le dinawa.</p>	<p>mahlasedi a letsatsi.</p> <ul style="list-style-type: none"> • Video – Bohlokwa ba mahlasedi a letsatsi dimeleng. 						
<p>DIKAHARE TSA KHARIKHULAMO:</p> <p>ETSA BONNETE BA HORE DIBUKA TSA DBE DI SEBEDISWA KA NEPO.</p> <p>Ho bala ka kutlwisiso dipale tseo e leng tsa nnete le tse eseng tsa nnete.</p>	<ul style="list-style-type: none"> • Teko ya motheo ya Puo ya lapeng le Mmetse. • KHARIKHULAMO – Bokgoni, tsebo, tjhadimo le makgabane tse ba ithutileng tsona selemo se fetileng ka kotara di phethahatswe 	<ul style="list-style-type: none"> • Teko ya motheo ya Puo ya lapeng le Mmetse. • KHARIKHULAMO – Bokgoni, tsebo, tjhadimo le makgabane tse ba ithutileng tsona selemo se fetileng ka kotara di phethahatswe 	<ul style="list-style-type: none"> • Metsi – hobaneng re hloka metsi [ho pheha, ho nwa, ho nwe setsa, ho hlatswa le ho hlapa]. 	<ul style="list-style-type: none"> • Moya o hlwekileng. [Moya ke eng] • Mahlasedi a letsatsi- ho kenyeleditswe tshireletso letsatsing • Letsatsi [Hobaneng re hloka letsatsi? [Diphedi kaofela-batho, diphofolo le dimela.] 			<ul style="list-style-type: none"> • Dintho tse thusang batho - tse jwalo ka diborele tsa ho bala, diforeimi tsa ho tsamaya, dintja tse tataisang, dithusa kutlo. • Tshwantshiso- Re ka etsa jwang diborele? 	<ul style="list-style-type: none"> • Mekgwa e bonolo ya ho hlwekisa metsi Ho hlwekisa metsi [ho a bedisa, ho a sefa le ho tshela dikhemikhale 	<ul style="list-style-type: none"> • Dintho tse re hloko fatsang- ho tsuba, tahi, dithethefatsi • Ditlwaelo tse nepahetseng-tse jwalo ka ho ikwetlisa kgafetsa, ho shebella thelevishene ka tekano 		



MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	<p>MEHLODI</p> <p>Etsa bonnete ba hore dibuka tsa DBE di sebediswa ka nepo.</p> <p>Dipapetla tsa leboteng/ Tlotlontswe ya leboteng le letlapeng/Dibuka tsa laeaborari.</p>		<ul style="list-style-type: none"> •Buka ya 1 ya DBE Leq. 2 - 3 • DBE WB1 Leq. 4 – 5 •Buka ya 1 ya DBE Leq. 6 – 7 • Dibopeho tsa mahlakore a mararo (3D) • Dikarete tsa ho bala • Tshwantshis o 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 8 – 9 • Sebopoho sa 3D • Dipapetla tsa leboteng • Dikarete tsa ho bala • Tshwantshis o 	<ul style="list-style-type: none"> •Buka ya 1 ya DBE Leq.10–11 •Buka ya 1 ya DBE Leq.12 – 13 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 14 - 15 	<ul style="list-style-type: none"> •Buka ya 1 ya DBE Leq.16 – 17 •Buka ya 1 ya DBE Leq.22 - 23 •Buka ya 1 ya DBE Leq.18 – 19 • Dibopeho tsa mahlakore a mararo (3D) • Dipapetla tsa leboteng. • Dikarete tsa ho bala • Tshwantshis o 	<ul style="list-style-type: none"> •Buka ya 1 ya DBE Leq. 20 – 21 •Buka ya 1 ya DBE Leq.24 – 25 • Dibopeho tsa mahlakore a mararo (3D) • Dikarete tsa ho bala • Dipapetla tsa leboteng. • Tshwantshis o 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 28-29 • Dibopeho tsa mahlakore a mararo (3D) • Dikarete tsa ho bala • Dipapetla tsa leboteng. • Tshwantshis o 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 30 – 31 • Sebopoho sa 3D • Dipapetla tsa leboteng. • Dikarete tsa ho bala • Tshwantshis o 	
<p>BOEMO BA LEHODIMO: BANA BA TSHWANELA HO RUTWA KARETE YA BOEMO BA LEHODIMO HO FIHLELA BA KGONA HO ITJHEBELA BOEMO BA LEHODIMO, MME BA ITLATSETSE YONA. KARETE YA TSA BOLEPI E TSHWANELA HO TLATSWA LETSATSI KA LETSATSI SELEMO KAOFELA.</p>											
<ul style="list-style-type: none"> • Ho lepa. • Botlase le bophahamo ba boemo ba lehodimo. • Matshwao (Motsheso, tsa boemo ba lehodimo) • Ho kwaela ha lehodimo • Tlatsa karete ya boemo ba lehodimo. Pula, Moya jj. Ntshetsa tsebo le bokgoni ka tatellano. 											
<p>TSEBO YA MOTHEO</p>	<p>TEKANYETSO E SENG YA SEMMUSO</p>	<ul style="list-style-type: none"> • Mesebetsi e tshwanela ho lekolwa le ho hlahlojwa ka nako ya dithuto tsa letsatsi ka letsatsi tsa thuto ya Bokgoni ho tsa Bophelo. Etsa bonnete ba hore bokgoni, tsebo, makgabane le tshwanela, tseo ba ithutileng tsona ho Puo ya Lapeng le Mmetse di elwa hloko. • Bana ba ka fuwa mesebetsi o ngolwang. • Bokgoni, ho sebedisa tsebo, makgabane le tshwanela ha di atshwanela hohlahlojwa. Etsa bonnete ba hore ngwana ka mong o fuwa monyetla wa ho bontsha bokgoni ba hae ka ho bua le ho ipabatsa le ho ngola ha di a tshwanela ho hlahlojwa. • Tekolo ya ka mehla e tswelang, e seng ya semmuso. 									

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	TEKANYETSO YA SEKOLO	Sheba melawana ya Tekolo ya DBE ikamahanye le tekanyatso e etswang ke sekolo)									
											
	KOTARA YA 1 MATSATSI A 45	BEKE YA 1	BEKE YA 2	BEKE YA 3	BEKE YA 4	BEKE YA 5	BEKE YA 6	BEKE YA 7	BEKE YA 8	BEKE YA 9	BEKE YA10
BONONO BO IQAPELWANG	DIHLOHO HO YA KA KHARIKHULAM O:	MESEBETSI YA TLWAELO/ TEKOLO YA MOTHEO	TEKOLO YA MOTHEO	DIHLA	SEO RE SE HLOKANG HORE RE PHELE	NNA LE BA BANG	NNA LE BA BANG	MOTHO E MONG LE E MONG O IKGETHILE	MOTHO E MONG LE E MONG O IKGETHILE	BOPHELO BO BOTLE	BOPHELO BO BOTLE
	HO BOPA KA MAHLAKORE A 2										
	Ngwana ka mong a be le setshelo sa ice cream (LEBEJANA PO!) le disebediswa tsa hae (pritt, sekere, pensele, mecrayone ya pensele, jj.Ha ho sa kgonehe, sebedisa tse o kgonang ho di fumana. Sebedisa mohala wa bonono bakeng sa ho bua le ho itukisetsa ho ngola.										
	Hopla ho phahamisa dipapadi tse thusang keello le ho laola ditlwaelo le boitshwaro.										
	Penta ditshwantsho tsa hao le ba bang ho na le seo le se etsang (ho matha, ho qhoma le ho tjeka,jj.) le ho buisana ka mebala ya motheo le ya tlatseso, mmala e phodileng le e futhumetseng, sebopeho le mola.						x				
• Bopa dipaterone o sebedisa dibopeho tsa jeometri,				x							

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	buisanang ka morethetho pheta pheto.										
HO BOPA KA MAHLAKORE A 3 (Ho bopa le ho betla) (Ngwana ka mong a be le letsopa ka setshelong sa hae le disebediswa tsa hae. Ha ho kgoneha o ka fetola mosebetsi wa bana.											
	<ul style="list-style-type: none"> Sebedisa letsopa ho etsa le ho kgabisa ditshelo, buisanang ka paterone, sebopeho sa jeometri, mola, buisanang ka bokahodimo ba ntho le mawa a nepahetseng a ho kopanya. 									x	
ETSA MATSAPA MME O MANOLLE - HO BOPA KA MAHLAKORE A 3 (Ho bopa le ho betla) Ngwana a sebedise sebaka setulong sa hae kappa sebaka se hlwauweng ka ntle. Hokahanya le pale ya Puo ya lapeng kapa Thuto ya Bokgoni ho tsa Bophelo.											
BONONO BO ETSUWANG	<ul style="list-style-type: none"> Bopa diketsahalo tse kgutswane a itshetlehileng dihloohong tse loketseng, tsepama ho mola wa pale. 								x		
	<ul style="list-style-type: none"> Bopa baphtwa ba loketseng: bontsha phapang pakeng tsa baphetwa le maikutlo a baphetwa diponong tse kgutswane. 									x	

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<ul style="list-style-type: none"> Bopa dipaterone tsa morethetho o sebedisa mantswa a sehloho ho tswa dihloohong tse kgethilweng jwalo ka batho ba mosebetsing: 'motjhini o sagang patsi; ratha-ratha-ratha, 'selakga' = seha-seha, le tse ding. 				X						
<ul style="list-style-type: none"> Sebedisa mehlala e ka hodimo ho ithuta sekgahla le dipheho tse loketseng tse jwalo ka: 'ratha-ratha-ratha' e tla ba hodimo le ho potlaka, 'seha-seha' e tla kgutsa le ho iketla. 				X						
Ithute metsamao motjekong wa Afrika Borwa, e jwalo ka diphotha le tse ding.						X				
DIPAPADI TSA BOIQAPELO LE BOKGONI										
Ngwana a sebedise sebaka setulong sa hae kapa sebaka se hlwauweng ka ntle. Matshwao a bonahale. (Mela e ka sehwa – bana ba 7 kapa 8 ka nako e le nngwe ho ya ka palo ya mela. Ha sebaka se le siko se ka etsa dipapadi tsa ho tsamaiso mesifa e meholo.										
Ho futhumatsa mmele: ditlhakiso tsa ho hema le ho sebedisa		X						X		X



MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO


manonyelets a fapaneng jwalo ka maqaqailana; ho supa le ho tsamaisa manonyeletso a letsoho ka tsela ya sedikadikwe' jj.											
• Ho futhumatsa lentswe: o sebedisa dipina, ho bina didumannotshi, diraeme le ho bala mantswe a rarahanyang leleme.	X		X		X		X				
• Ho bina dipina ka nako e le nngwe ka tsela e tshwanang, ka ho fapanyetsana, ka ho bitsana le ho arabelana.			X		X		X				
• Ho otlana ha dikarolo tsa mmele: ho tsepama morethethong le ho sebedisa dithimba tse fapaneng(ho letsa menwana, ho opa, ho tila)				X		X					
• Motsamao wa mesifa e meholo: ho tsamaya, ho mathela, ho tlolela, ho qhomela mahlakoreng a fapaneng ka bowena.		X									X



MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<ul style="list-style-type: none"> Motsamao wa mesifa eo e seng e meholo: ho fihlella, ho kobeha, ho phahama ka bo bona. Eketsa ka metsamao e meng jwalo ka choreography. 				X				X		
<ul style="list-style-type: none"> Mesebetsi ya ho pheta pale ka kopanelo: ho mamela le ho araba ka tshwanelo ho bomphato, jwalo kaho pheta dipale ka bobedi ka dijo tseo ke di ratang, dipale tse bokelleditsweng, dipale tsa phetapheto, jj. 					X				X	
<ul style="list-style-type: none"> Ho iphodisa le ho iketla: robala fatshe ka mokokotlo, ho hema, ho ipopela setshwantsho sa mmala ka kelellong, ho tsosollosa. 		X						X		X
<p>MEHLODI: Etsa matsapa.</p>	Mmele ya baithuti, tafole, setulo, dipropo tse iketseditsweng.									
<p>TEKANYETSO EO E SENG YA SEMMUSO</p>	<ul style="list-style-type: none"> Mesebetsi e tshwanela ho lekolwa le ho hlahlojwa ka nako ya dithuto tsa letsatsi ka letsatsi tsa thuto ya Bokgoni ho tsa Bophelo. Etsa bonnete ba hore bokgoni, tsebo, makgabane le tihadimo, tseo ba ithutileng tsona ho Puo ya Lapeng le Mmetse di elwa hloko. Etsa bonnete ba hore ngwana ka mong o fuwa monyetla ha ho bontsha bokgoni ba hae ka ho ipabatsa. Tekolo ena ha se ya semmuso mme ke e tswelang. 									

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

TEKANYETSO YA SEKOLO		Sheba melawana ya Tekolo ya DBE (O ikamahantse le tekanyatso e etswang ke sekolo)									
											
KOTARA YA 1 MATSATSI A 45		BEKE YA 1	BEKE YA 2	BEKE YA 3	BEKE YA 4	BEKE YA 5	BEKE YA 6	BEKE YA 7	BEKE YA 8	BEKE YA 9	BEKE YA 10
DIHLOHO HO YA KA KHARIKHULAMO:	MESEBETSI YA TLWAELO/TEKOLO YA MOTHEO	MESEBETSI YA TLWAELO/TEKOLO YA MOTHEO	DIHLA	SEO RE SE HLOKANG HORE RE PHELE	NNA LE BA BANG	NNA LE BA BANG	MOTHO E MONG LE E MONG O IKGETHILE	MOTHO E MONG LE E MONG O IKGETHILE	BOPHELO BO BOTLE	BOPHELO BO BOTLE	
BOKGONI: HOPOLA ho phahamisa dipapadi tse thusang kelello le ho laola ditlwaelo le boitshwaro.	<p>PAPADI KE TSELA YA TLHAHO EO BANA BA ITHUTANG KA YONA DILEMONG TSEO BA LENG HO TSONA. BANA BA SE KE BA THIBELWA HO BAPALA.</p> <ul style="list-style-type: none"> • Boloka ho sielana sebaka se nepahetseng. • Dipapadi di fetofetolwe ho thusa ho sielana sebaka. • Dipapadi di fetofetolwe bakeng sa ka phaposeng. Moo bana ba leng ba ngata teng, dumella hore ba ye ka ntle ba kgone ho sielana sebaka. • Tsamaiso ya mesifa e meholo e ka etswa ha bana ba kena ka phaposeng hoseng, ha ba ya ka ntle, kapa ba kgutla ha ba tswa nakong ya phomolo. • Bana ba itshireletse hantle ha ba ntse ba latela melao ya ho ikotlolla • Netefatsa hore dithuto di na le dipapadi tse latelang: tsa ho iphuthumatsa, papadi e felletseng le tsa ho iphodisa. O ka kopanya dipapadi tse ding tsa ho iphuthumatsa, tsa ho tsamaisa mesifa e meholo le tse sa tsamaiseng mesifa ho tswa ho dipapadi tsa boiqapelo le bokgoni ba thuto ya boithapallo ba mmele. • Dumella bana ho sebedisa disebediswa tsa bona. Ho seng jwalo bana ba arolwe ka dihlopha ka matsatsi a fapaneneg ho fana ka sebaka sa hore di sanithaesiwe. • Disebediswa tsohle di hlatsuwe ka mehla ha di qeta ho sebediswa. (litara e 1 ya metsi le dikgabana tse 5 tsa jik) <p>ELA HLOKO: LE HA DIPAPADI DI TSHWAUWE HO YA KA BEKE, DI KA FETOLWA HO IKAMAHANYA LE DITLHOKO TSA HAO KAPA SEBAKA.</p> <p style="text-align: center;">MOTSAMAO WA MESIFA E MEHOLO</p> <p>Mesebetsi e etswe sebakeng se pela setulo sa hao kapa sebaka se arohantsweng hantle. Ha ho sena sebaka se seholo se lekaneng, sebetse ka dihlopha tse nyane kapa fetofetola dipapadi. (Hlokomela melao ya Covid.)</p> <p style="text-align: center;">MOTSAMAO LE HO TIISWA HA MESIFA E MEHOLO E BOHLOKWA HORE E NTSHETSWE PELE HO THUSA HO DULA TAFOLENG KAPA MMATENG. NGWANA KA MONG O IKUTLWA A AMOHELEHILE.</p>										
• Ho bapala dipapadi tsa setso, mohlala:	X		X		X		X		X		


MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<p>morabaraba. (Majwe a 10, qala ka a 5 mme ebe a hao.) Ela hloko ho sielana sebaka.</p>											
<ul style="list-style-type: none"> Mejaho ya ditapole (o etse mela) 						X					
MOTSAMAO WA MESIFA E AMANG DIKUTLO											
<ul style="list-style-type: none"> Ho akgela mekotla ya dinawa moyeng le ho e kapa. (Itlele mokotlana wa hao kapa o iketsetse bolo ya kuranta.) 	X							X			
TLWAETSO YA SEBAKA											
<ul style="list-style-type: none"> Ho ikotlolla le ho hara-etsa mmele o be molelele le ha o ka ba monyane ka moo o ka kgonang, ho ba molelele le ho ba mokgutswane ka moo o ka kgonang. Mokgwa ona o ka sebediswa hape hore baithuti ba iphodise. 		X								X	
MORETHETHO Bana ba sielane sebaka- Ngwana a le mong ka nako. Dikgathi le dithupa di sanithaesiwe.											

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<ul style="list-style-type: none"> • Ho tlola dithapo tse behilweng di bapile – ho pheta le ho isa dithapo hosenyana. 			X						X	
BOTSITSO Ka melawana e tiileng- ngwana a le mong ka nako. (Seha maboloko kapa o sebedise dihupu bakeng sa bana ba 5-10 hore batle ba sebetse ka nako ele nngwe. Hlokomela ho sielana sebaka ha ba bang ba ntse ba eme moleng, ba emetse monyetla wa bona). Fetofetola dipapadi ha ho hlokeha.										
Ho tsitsisa mokotlana wa dinawa dikarolong tse fapaneng tsa mmele o ntse o tsamaya moleng o otlohileng. (A sebedise mokotlana wa hae wa dinawa).				X						X
<ul style="list-style-type: none"> • Taolo, kgokahano le mesebetsi ya ho tsitsa. (ema ka leoto le le leng, ka morao, kgumama, ema ka matsoho a mabedi, kgumama o phahamisitse letsoho le le leng. 		X				X	X			
LEHLAKORE Fetofetola dipapadi ha ho hlokeha.										
<ul style="list-style-type: none"> • Ho hlahisa mesebetsi o sebedisa karolo e fokolang ya mmele, diphaka le maoto. 					X				X	
MEHLODI Etsa matsapa	Ho tlola kgathi, dithupa, mokotlana wa dinawa, bolo ya pampiri, majwe a 10 ngwana ka mong (ngwana a phuthe a ka kgonang ho fella ka letsohong la hae), etsa matsapa a ho fumana tapole le kgaba.									

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	TEKANYETSO EO E SENG YA SEMMUSO	<ul style="list-style-type: none"> Mosebetsi e tshwanela ho lekolwa le ho hlahlojwa ka nako ya dithuto tsa letsatsi ka letsatsi tsa thuto ya Bokgoni ho tsa Bophelo. Etsa bonnete ba hore bokgoni, tsebo, makgabane le tshadimo, tseo ba ithutileng tsona ho Puo ya Lapeng le Mmetse di elwa hloko. Etsa bonnete ba hore ngwana ka mong o fuwa monyetla ha ho bontsha bokgoni ba hae ka ho ipabatsa. Tekolo ena ha se ya semmuso mme ke e tswelang.
	TEKANYETSO YA SEKOLO	<p>Sheba melawana ya Tekolo ya DBE (O ikamahantse le tekanyatso e etswang ke sekolo)</p> 


MORALO O NTLAFADITSWENG WA HO RUTA: BOKGONI HO TSA BOPHELO

KOTARA YA 2 MATSATSI A 51		BEKE 1-4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	BEKE 11
BOIKETLO BA BATHO LE BA KAHISANO	DIHLOOHO TSA KHARIKHULAMO:	KOTARA 7A 1 "MOSEBETSI WA TLWAELO/TEKO LO YA MOTHEO"	DIHLA TSA SELEMO	DIHLA TSA SELEMO	DIPHOOFOLO TSA POLASING	DIPHOOFOLO TSE HLAHA	DIBOPUWA TSE PHELANG METSING	DIBOPUWA TSE PHELANG METSING	DIPHOOFOLO TSA HAE
	MOHLODITHEO LE TSEBO:	Sebedisa ATP ya kotara ya 1 KAPA katoloso ya beke ho kenyelletsa mosebetsi wa KOTARA ya 2 Sehloho se ikamahantseng le puo ya lapeng mohl: BEKE	<ul style="list-style-type: none"> Lekola Bapisa Ha re bueng 	<ul style="list-style-type: none"> Lekola Bapisa Ha re bueng 	<ul style="list-style-type: none"> Hlophisa Bapisa Rekota Ha re bueng 	<ul style="list-style-type: none"> Hlophisa Bapisa Rekota Ha re bueng 	<ul style="list-style-type: none"> Hlophisa Bapisa Rekota Ha re bueng 	<ul style="list-style-type: none"> Lekola Kgetha Rekota 	<ul style="list-style-type: none"> Lekola Bapisa Ha re bueng

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

• Tumellano	diphoofolo tsa lapene							
MOHLODITHEO LE TSEBO: HOPOLA ka mehla ho hlokomela mosebetsi ngolla ho hlabolla DIKETSAHALO TSE PHAHAMENG – Sebedisa monahano		<ul style="list-style-type: none"> • Dihla di re ama jwang – dijo, diaparo, mesebetsi 	<ul style="list-style-type: none"> • Dihla di re ema jwang – dijo, diaparo, mesebetsi 	<ul style="list-style-type: none"> • Mefuta ya diphoofolo: • Ditshobotsi • Mesebetsi 	<ul style="list-style-type: none"> • Mefuta ya diphoofolo: • Ditshobotsi • Ho ikamanya le maemo a ho phela 	<ul style="list-style-type: none"> • Diphoofolo le dibupuwa tse phelang metsing • Ditshobotsi • Habitat 	<ul style="list-style-type: none"> • Mefuta e fapaneng ya diphoofolo le dibupuwa tse phelang lewatle 	<ul style="list-style-type: none"> • Mahae a diphoofolo: • Tse iketsetsang matlo mohl dinotshi, bohlwa
KHARIKHULAMO ETSA BONNETE BA HORE O SEBEDISA buka ya DBE ka nepo. Bala mantswe le ditlhaloso (seratswaneng sa dibuka padiso tsa nnete le tsa tshwantshiso)		Dihla tse nne tsa selemo <ul style="list-style-type: none"> • Dihla di re ama jwang – diaparo, mesebetsi 	<ul style="list-style-type: none"> • Dihla di ama diphoofolo jwang – dijo, diaparo mesebetsi – ho kenyeleditse ho rua mohl:- ho kuta dinku 	<ul style="list-style-type: none"> • Diphoofolo tsa mapolasing • Mefuta • Mesebetsi jwalo ka djo le diaparo 				Tse fumanang mahae a entseng mohl. Noha Tse tsamayang le mahae a tsona Mohl. Dikgofu dikgudi
DITHUSATHUTO: Dikarete bukantswe o ikamantswe haholo ho Mantswe a beilweng leboteng laeborati ya dibuka		<ul style="list-style-type: none"> • Buka ya DBE Leq. 34-39 • Dibopeho tsa mahlakore a mararo [3D] • Ditjhate • Tshwantshiso 	Buka ya DBE Leq.43 Dibopeho tsa mahlakore a mararo [3D] Ditjhate Tshwantshiso	<ul style="list-style-type: none"> • Buka ya DBE Leq. 46-48 • Dibopeho tsa mahlakore a mararo [3D] • Ditjhate • Tshwantshiso 	Buka ya DBE Leq. 50-52 Dibopeho tsa mahlakore a mararo [3D] Ditjhate Tshwantshiso	<ul style="list-style-type: none"> • Buka ya DBE Leq 54-56 • Dibopeho tsa mahlakore a mararo [3D] • Ditjhate • Tshwantshiso 	<ul style="list-style-type: none"> • Buka ya DBE Leq. 54-56 • Dibopeho tsa mahlakore a mararo [3D] • Ditjhate • Tshwantshiso 	<ul style="list-style-type: none"> • Buka ya DBE Leq. 58-61 • Dibopeho tsa mahlakore a mararo [3D] • Ditjhate • Tshwantshiso

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

MATSATSI A BODUMEDI LE MATSATSI A MANG A KHETHEHILENG A KETEKWANG KE SECHABA A LOKELA HO TSHOHLWA HA ANTSE A ETSAHALA NAKONG YA KOTARA									
	TEKANYETSO EO ESENG YA SEMMUSO:	<ul style="list-style-type: none"> • Mosebetsi o lokela ho lekolwa le ho hlahlojwa ka mehla ka nako ya thuto • Nkela hloohong bokgoni, tsebo, maikutlo le bohlokwa boo a ithutileng bona ho puo ya lapeng le dipalo • Ba ka fuwa mosebetsi o ngolwang • Bokgoni, tsebo, maikutlo le bohlokwa ha se mosebetsi o ka lekolwng empa ba ithuti b aka fuwa monyetla wa ho araba ka molomo, ka ho etsa le ka ho ngola • E lokela ho ba tekolo eo e sen ya semmuso le ka phetapheto 							
	TEKANYETSO YA SEMMUSO YA SEKOLO:	<p>Lekola melawana ya semmuso ya tekanyetso ya DBE (O ikamahantse le tekanyatso e etswang ke sekolo)</p> 							


MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

KOTARA YA 2 MATSATSI A 51		BEKE1-4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	BEKE 11
QALEHO YA TSEBO	DIHLOHO TSA KHARIKHULAMO:	KOTARA YA 1 “MOSEBETSI WA TLWAELO/TEKO LO YA MOTHEO”	DIHLA TSA SELEMO	DIHLA TSA SELEMO	DIPHOOFOL TSA POLASING	DIPHOOFOL TSE HLAHA	DIBOPUWA TSE PHELANG METSING	DIBOPUWA TSE PHELANG METSING	DIPHOOFOL TSA HAE
	BOKGONI LE BOKGABANE: <ul style="list-style-type: none"> • Bokgoni ba tshebetso ya mahlale [science] • Bokgoni ba tshebetso ya Thekenoloji • Bokgoni ba tshebetso ho tsa Thutafatshe • Patlisiso • Manolla • Makgabane • Tjhadimo 	Sebedisa ATP ya Kotara ya Pele kapa nako e ekeditsweng ya beke ho kwala Kotara ya bobedi ho PUO YA LAPENG	<ul style="list-style-type: none"> • Lekola • Bapisa • Kgetholla • Mometho • Teko • Ha re bueng 	<ul style="list-style-type: none"> • Lekola • Bapisa • Kgethollo • Teko • Mometho • Ha re bueng 	<ul style="list-style-type: none"> • Lekola • Bapisa • Kgethollo • Fumana - “papiso” • Ha re bueng 	<ul style="list-style-type: none"> • Lekola • Bapisa • Kgethollo • Fumana - “papiso” • Ha re bueng 	<ul style="list-style-type: none"> • Lekola • Bapisa • Kgethollo • Fumana - “papiso” • Ha re bueng 	<ul style="list-style-type: none"> • Lekola • Bapisa • Kgethollo • Fumana - “papiso” • Ha re bueng 	<ul style="list-style-type: none"> • Lekola • Bapisa • Kgethollo • Fumana - “papiso” • Ha re bueng
	HOPOLA :hlokomela mesebetse eo o lokelang ho e khothalletsa. Tshebetso phethahatso								
	Baithuti ba buisana								
TSEBO:		<ul style="list-style-type: none"> • Dihla tsa selemo di ama dintho tse jalwang – ho jala , ho hola le ho kotula 	<ul style="list-style-type: none"> • Dihla di ama diphoofole jwang – ho kenyeleditse ho 	<ul style="list-style-type: none"> • Dijo tseo re di fumanang diphoofole 	<ul style="list-style-type: none"> • Ditshobotsi tsa diphoofole ts mapolasing • Dijo tseo re di fumanang 	<ul style="list-style-type: none"> • Ditshobotsi tsa diphoofole tse hlaha • Hobaneng di ikgakanya 	<ul style="list-style-type: none"> • Ditshobotsi tsa dibopuwa tsa metsing • Kgetholla le ho di amanya 	<ul style="list-style-type: none"> • Mahae a diphoofole tse fapaneng • Ditho tsa mmele tse 	

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

				rua, ho kuta le ho hola		hotswa diphoofoolong	• Re ka di baballa jwang		amantshwang le bodulo ba tsona le hobaneng?
<p>DIHLOHO TSA KHARIKHULAMO:</p> <p>ETSA BONNETE BA HO SEBEDISA MOSEBETSI WA DBE</p> <p>Ho bala ka kutlwisiso dipale tse eleng tsa nnete le tse eseng tsa nnete</p>		<ul style="list-style-type: none"> • Bophelo kakaretso ba nawa • Dimela di hloka eng hore di hole? 	<ul style="list-style-type: none"> • Ho ipata • Ho falla le ho behela • Ho kuta dinku 	<ul style="list-style-type: none"> • Diketsahalo: Ho tloha nkung hoya ho ulu • Ho etsa cheese kapa botoro 	<ul style="list-style-type: none"> • Diphoofole tse hlaha <p>Mefuta</p> <ul style="list-style-type: none"> • Boikgakanyo mohl: Big 5 • Boikgakanyo • Diphoofole tse kotsing • Diphoofole tse tshireleditswen g 	<ul style="list-style-type: none"> • Metsi a hlwekileng Noka, Mhl: dikwena, thapi <p>Diqanthana le Matamo Mhl: Senqanqane le monwang</p> <p>Kgetha le ho hlopha dibopuwa tse dulang metsing a hlwekileng</p>	<p>Metsi a letswai</p> <ul style="list-style-type: none"> - Lewatle – Mhl: leruarua, thapidimo [shaka] - Dihula majwe – mhl: naledi thapi, lekhala 	<ul style="list-style-type: none"> • Diphoofole le dibopuwa tse iketsetsang mahae a tsona– dinonyana, donotshi, dikokonyana • Diphoofole le dibopuwa tse fumanang mahae a entsweng mhl: Noha, tshwene, mesha • Diphoofole le dibopuwa tse tsamayang le mahae a tsona mohl: Dikgofu, dikgudu 	
DISEBEDISWA:		<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 34 – 41 & 44 • Mobu (bakeng la ho jala) 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 42,43,45 • Boya 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 46 – 49 • Diphoofole tsa polasig 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 51-53 • Ho ikgakanya 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 54 • Dibopuwa tse hlaha • Dibopeho[3D] 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq 55 – 57 	<ul style="list-style-type: none"> • Buka ya 1 ya DBE Leq. 60 – 61 	

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<p>Dikarete, tsebo ya mantswa le hlaloso ya ona, mantswa a leboteng le dibuka tsa laeaborari</p> <p>Maeto a pono:</p> <p>https://www.youtube.com/watch?v=HhP8LTYvtxk</p>		<ul style="list-style-type: none"> Beans Disebediswa tsa temo [serapa] Boya , setshedi le dinawa <p>https://www.youtube.com/watch?v=Ku3YkGxRdXo</p>	<ul style="list-style-type: none"> Diaparo tsa boya Video ya ho kuta nku boya <p>https://www.youtube.com/watch?v=q2mH-PM5S4E</p>	<ul style="list-style-type: none"> Etela polasi Video ya ho etsa cheese le botoro <p>https://www.youtube.com/watch?v=RcpbQX5kCTA</p>	<p>https://www.youtube.com/watch?v=YOIRci0CKzg</p> <ul style="list-style-type: none"> Diphoofolo tse hlaha Video Virtual Tour Kruger National Park <p>https://www.youtube.com/watch?v=bSo-jkyN2M</p>	<p>Video</p>	<p>Etela ntlo ya dihahabi tsa metsing</p> <p>https://www.youtube.com/watch?v=W2cmZ0htpiM</p>	<ul style="list-style-type: none"> Etela polokelong ya dinonyana <p>https://www.youtube.com/watch?v=ktWYZTJZ4QU</p>
<p>BOLEPI:BAITHUTI BA RUTWE KA TSA BOLEPI HO FIHLELA BA TSEBA HO ITJHEBELA TSA BOLEPI LE MATSHWAO A TENG KA BO BONA.</p> <p>TJHATE YA TSA BOLEPI E LOKELA HO FETOLWA LETSATSI LE LETSATSI SELEMO KAOFELA.</p> <ul style="list-style-type: none"> Kakanyo Boholo le bonyane ba motjhese Matshwao (Celsius, tsa boemo ba lehodimo) Ho kwahela ha maru Qetella tjhate ya hao ya tsa bolepi - Kakanyo (pula), moya, 								
<p>TEKANYETSO EO ESENG YA SEMMUSO:</p>	<ul style="list-style-type: none"> Mosebetsi o lokela ho lekolwa le ho hlahlojwa ka mehla ka nako ya thuto Nkela hloohong bokgoni, tsebo, maikutlo le bohlokwa boo a ithutileng bona ho puo ya lapeng le dipalo Ba ka fuwa mosebetsi o ngolwang Bokgoni, tsebo, maikutlo le bohlokwa ha se mosebetsi o ka lekolwang empa ba ithuti b aka fuwa monyetla wa ho araba ka molomo, ka ho etsa le ka ho ngola E lokela ho ba tekolo eo e sen ya semmuso le ka phetapheto 							
<p>TEKOLO YA SEMMUSO YA SEKOLO</p>	<p>Lekola melawana ya semmuso ya tekanyetso ya DBE O ikamahantse le tekanyatso e etswang ke sekolo)</p> 							

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

KOTARA YA 2		BEKE 1-4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	BEKE 11	
MATSATSI A 51										
BONONO BA BOIQAPELO	DIHLOOHO HO YA KA KHARIKHULAMO:	KOTARA YA 1 "MOSEBESI WA TLWAELO/TEKO LO YA MOTHEO"	DIHLA TSA SELEMO	DIHLA TSA SELEMO	DIPHOOFOLO TSA MAPOLASING	DIPHOOFOLO TSE HLAHA	DIBOPUWA TSE PHELANG METSING	DIPHOOFOLO TSE PHELANG METSING	MAHAE A DIPHOOFOLO	
	HOPOLA ho tseba ka mehla mesebetsi eo o ka e khothalletsang Tshebetso phethahatso : ho laola thibelo le boitaolo									
	HO BOPA DITSHWANTSHO/DIBOPEHO TSA MAHLAKORE A MABEDI [2D] Ngwana E MONG le E MONG o tlameha ho ba le sekhaftini sa hae sa ice cream se tshetseng disebediswa tsa hae (poriti, sekere, krayone ya pensile)									
	Taka kapa penta setshwantsho se tsamaisanang le sehlooho Tsepamisa maikutlo a hao ho tsebediso mola, mmala, mahwashe kapa boreledi		X					X		X
	Sebedisa dintho tse sebeditseng Ho sebedisa pente e tenya Ho sebedisa sebopeho seo oka kgonang ho bua ka sona. Tse bontshang hore				X		X			

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	seka hlahisa sebopeho ho dipalo le ho tsa hlano								
HO BOPA DIBOPEHO TSA MAHLAKORE A MARARO [3D] (Moithuti ka mong a be le letsopa kapa hlama eo e leng ya hae)									
	Bopa phaphethe ka dintho tse sebeditseng ho etsa dibopeho le ho bontsha bokgoni ba bonono				X			X	
HO ETSA MATSAPA LE HO HLALOSA Moithuti o sebedise sebaka sa hae sa tshebetso									
HO ETSA BONONO	Ho tantsha ka ho mamela seletswa (metjeko)								
	Metsamao ya mesifa e meholo ya bona le matsoho le maoto (opa, tlola, qhoma, ho holopa)		X			X			


MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

Bokgoni ba ho bina ba tebisitse dipheotoho jwalo ka ho bina hodimo tlase butle le kapele]			X				X	
Morutabana o fana ka sehloho sa pale ofa baithuti monyetsa wa ho etsa terama ka sehloho						X		X
Ho tshwantshisa diketso o bontsha maikutlo o sebedisa ditshwantsho tse jwalo ka ho phahamisa mahetla hore na o ikutlwa a le jwang ha a etsa jwalo			X		X	X		
DIPAPADI TSA BOIQAPELO LE BOKGONI								
Ngwana a sebedise sebaka setulong sa hae kapa sebaka se hlwauweng ka ntle ha sebaka se le siyo se ka etsang dipapadi tsa ho tsamaiso mesifa e meholo. Matshwao a bonahale. (Mela e ka sehwa – bana ba 7 kapa 8 ka nako e le nngwe ho ya ka palo ya mela.								
Ho futhmatsa lentswe ho bopa qapodiso [diponama, leleme, mohlahare ka papadi ya bonahanelo		X		X	X	X		X
Ho futhumatsa mmele le ho sebedisa boemo bo fapaneng ka ho bua le ho etsa modumo ka matshwao a mmele “tsamaya, hodimo”		X		X		X		
Dipapadi tsa morethetho tse tsepamisitsweng bokgoning ba o mamela le o hopola			X		X			

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

merethetho ya dipaterone e hanyetsanang									
Ho bapala diletswa tse otlanang / ho otlana ha dikarolo tsa mmele ho tsamaya le pina kapa ho binela ka phaposing			X					X	X
Metsamao ya mesifa e meholo ho hwanta ho qhoma, ho tlola, ho holopa, thinya ka bo bona le bomphato ba bona		X			X	X			
Metsamao ya mesifa e seng meholo ho sotheha, ho ikotlolla a le mong		X		X	X	X			
Ho phodisa mmele le ho phomola ho ntsha maikutlo le mehopolo ka ho tsamaya jwalo ka ho phaphalla lerung, ho ikutlwa o tshwerwe ke boroko	X		X	X	X				
TEKANYETSO E SENG YA SEMMUSO:	<ul style="list-style-type: none"> • Mosebetsi olokela ho lekolwa le ho hlahlojwa ka mehla ka nako ya thuto • Etsa bonnete bah ore baithuti ba fumana monyetla wa ho bontsha boiphilelo • Ekanyetso e tswelang pele eseng ya semmuso 								

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO


	TEKANYETSO YA SEMMUSO YA SEKOLO:	Lekola melawana ya semmuso ya tekanyetso ya DBE O ikamahantse le tekanyatso e etswang ke sekolo) 
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KOTARA YA 2 MATSATSI A 51		BEKE 1-4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	BEKE 11
THUTO YA BOITHAPOLLO	DIHLOOHO HO YA KA KHARIKHULAMO:	KOTARA YA 1 “MESEBETSI A TLWAELO/TEKO LO YA MOTHEO”	DIHLA TSA SELEMO	DIHLA TSA SELEMO	DIPHOOFOLO TSA POLASING	DIPHOOFOLO TSE HLAHA	DIBOPUWA TSE DULANG METSING	DIBOPUWA TSE DULANG METSING	MAHAE A DIPHOOFOLO
	BOKGONI: HOPOLA ho phahamisa dipapadi tse thusang kelello le ho laola ditlwaelo le boithwaro	PAPADI KE TSELA YA TLHAO EO BANA BA ITHUTANG KA YONA DILEMONG TSEO BA LENG HO TSONA. BANA BA SEKE BA THIBELWA HO BAPALA <ul style="list-style-type: none"> ● Boloka sebaka se nepahetseng pakeng tsa hao le babang ● Dipapadi di fetolelwe ho thusa ho siyelana sebaka ● Dipapadi di fetolelwe bakeng sa ka phaposing moo bana baleng bangata teng, dumella hore ba ye kante ba kgone ho siyelana sebaka ● Tsamaiso ya mesifa e meholo eka etswa hoseng ha bana ba kena le ha ba tswa nakong ya kgefutso ● Bana ba itshireletse hantle ● Ha bantse ba latela melao ya ho ikotlolla: ● Netefatsa hore dithuto di na le dipapadi tse latelang tsa ho iphuthumatsa papadi e felletseng le tsa o iphodisa. O ka kopanya dipapadi tseding tsa ho iphuthumatsa, ts ho tsamaisa mesifa e mehale le tse sa tsamaiseng mesifa ho dipapadi tsa boiqapelo le bokgoni ba thuto ya boithapollo ba mmele. ● Dumella bana ho sebedisa disebediswa tsa bona hoseng jwalo bana ba arolwe ka dihlopha ka matsatsi a fapaneng ho fana ka sebaka sa hore di sanithaesiwe. ● Disebediswa tsohle di hlatsuwe ka mehla ha di qeta ho sebediswa [1litara ele nngwe ya metsi le kgabana tse hlano tsa jiki] 							

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	ELA HLOKO: LE HA DIPAPADI DI TSHWAUWE HO YA KA BEKE DI KA FETOLWA HO IKAMAHANYA LE DITHLOKO TSA HAO KAPA SEBAKA							
	TSAMAO YA MESIFA E MEHOLO [LOCOMOTOR]							
Mosebetsi wa ho etsisa jwalo ka ho latela moetapele ho ya tafoleng			X	X			x	x
	MORETHETHO							
Ho qhoma ka kgathi le kantle ho kgathi Qhoma ho tloha ho letshwao le beuweng ho ya ho le holenyana			X					
Tshwarella morethetho wa pina le seletswa. Sebedisa ditho tsa mmele ho tihakela morethetho		x				x		X
	TSEBETSO MMOHO [coordination]							
	Baitluti ba rutwe ka ho siyelana sebaka se bolokile sebaka se nepahetseng ho sebe le moo ba amanang papading eo ho fihlela nako e tla bolelwa.							
Akgela bolo e kgolo o le sebakana mohl: dipalong tsa bolong ya maoto kapa bolong ya matsoho ba siyelane sebaka					X			x

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

Mosebetsi wa ho etsisa. Jwalo ka ho nka diapole ho tjheka seratswaneng ho sakga lepolanka			X		x			x	
HO TSITSA									
Ka tlhokomelo e kgolo sebetsa ka ngwana a le mong ka nako[taka diboloko tse hlano hore baithuti ba lekole ho siyelana ka sebaka le ba bang ka phapanyetsano									
Ho tlola moo ho takilweng fatshe Baithuti ba dula kantle ba etsa dihlopha tsa bohloko ka mela e robedi ba hlokomela ho siyelana sebaka se nepahetseng.		X		X					X
TEKANYETOS EO ESENG YA SEMMUSO:	<ul style="list-style-type: none"> • Mosebetsi o lokela ho lekolwa le ho hlahlojwa ka mehla ka nako ya thuto • Etsa bonnete bah ore baithuti ba fumana monyetla wa ho bontsha boiphihlelo • Ekanyetso e tswelang pele eseng ya semmuso 								
TEKANYETSO YA SEKOLO YA SEMMUSO:	Lekola melawana ya tekanyetso ya semmuso ho DBE O ikamahantse le tekanyetso ya sekolong. 								

PHETA PHETO E KGUTLISEDITSWENG MORAO YA KERITI 2: BOKGONI HO TSA BOPHELO

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

KOTARA YA 3 MATSATSI A 52		BEKE 1-4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	BEKE 11
TSEBO YA MOTHEO LE BOPHELO BO BOTLE BA BOTHO LE PHEDISANO	DIHLOHO HO YA KA KHARIKHULA MO:	KOTARA YA 3 “MOSEBETSI WA TLWAELO TEKOLO YA MOTHEO”	MOBU	HO SEBETSA KA MOBU	DIPALANGWANG TSA TSELA LE TSA SEPORO	DIPALANGWANG TSA METSING / MOYENG	BOIPABALLO MEBILENG	BATHO BA RE THUSANG	BATHO BA RE THUSANG
	TSEBO LE BOKGONI: <ul style="list-style-type: none">• Bapisa• Lekola• Ha re bueng• Kgetha• Hlompho• Tumellano	Sebedisa ATP ya kotara ya bobedi kapa eketsa dibeke ho qetella mosebetsi wa kotara ya boraro tse amanang le puo ya lapeng mohl: mobu, dipalangwang, boipaballo mebileng ke tse ding					<ul style="list-style-type: none">• Khetha• Lekola• Ho ngola	<ul style="list-style-type: none">• Kgetha• Lekola• Ho ngola• Ho nka karolo	<ul style="list-style-type: none">• Kgetha• ho ngola• ho nka karolo
	MOHLODI THEO LE TSEBO: HOPOLA ho phahamisa dipapadi tse thusang kelello le ho laola						<ul style="list-style-type: none">• Boipaballo mebileng• Ho elellwa matshwao a tsela le boipaballo mebileng	<ul style="list-style-type: none">• Baithuti ba laolang sephethephethe bakeng sa babang• Balaola sephethephethe ba thusa barutwana jwang	<ul style="list-style-type: none">• Batho ba rethusang setjhabeng sa ha borona

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	ditlwaelo le boitshwaro								
	THUTO HO TSWA HO KHARIKHULA MO: Etsa bonnete ba hore buka ya DBE e sebediswa ka nepo		Ha ho tse amanang le tsa tlhaho				<ul style="list-style-type: none"> • Ho phela hantle • Melao ya boipaballo mebileng • ditaaso • Bapalami ba dibaesekele • Bapalami ba dikoloi • Matshwao a tsela a ditaaso le bo radibaesekele 	<ul style="list-style-type: none"> • Bophelo bo bottle • Ho hlwaya baithuti ba nkang karolo ho laola sephethephethe le tema eo ba e bapalang polokehong ya babang • Ba laola sephethephethe ba re thusa jwang • Mosebetsi wa balaola sephethephethe 	<ul style="list-style-type: none"> • Kamano tse ka hare le boleng. • Batho ba thusang setjhaeng sa bo rona mohl: clinic, titjhene, mosebetsi laeaborari, baoki, • Ka moo batho ba fapaneng ba thusang ka teng • Ka moo ke kopang thuso nakong ya tshohanyetso
	DITHUSATHUTO: Dikarete, tsebo ya mantswe le hlaloso ya ona, mantswe a leboteng le dibuka tsa laeaborari						<ul style="list-style-type: none"> • Buka ya 2 ya DBE Leq. 22 -25 • Tjhate • Dibopeho ts mahlakore a mararo [3D] • Tshwantshiso 	<ul style="list-style-type: none"> • Buka ya 2 ya DBE Leq. 26 – 29 	<ul style="list-style-type: none"> • Buka ya 2 ya DBE Leq :30-33

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

TSA BODUMEDI LE MATSATSI A BOHLOKWA A KETEKWANG KE SETJHABA A TSHWANETSE HO ELELLWA KA NAKO EO A ETSahalang YA ONA KA KOTARA

**TEKANYETSO
E SENG YA
SEMMUSO :**

- Mosebetsi olokela ho lekolwa le ho hlahlojwa ka mehla ka nako ya thuto
- Nkela hloohong bokgoni, tsebo, maikutlo le bohlokwa boo a ithutileng bona ho puo ya lapeng le dipalo
- Ba ka fuwa mosebetsi o ngolwang
- Bokgoni, tsebo, maikutlo le bohlokwa ha se mosebetsi o ka lekolwng empa ba ithuti b aka fuwa monyetla wa ho araba ka molomo, ka ho etsa le ka ho ngola
- E lokela ho ba tekolo eo e sen ya semmuso le ka phetapheto

**TEKANYETSO
YA SEMMUSO
YA SEKOLO:**

Lekola melawana ya semmuso ya tekanyetso ya DBE O itshetlehile ka tekanyatso e etswang ke sekolo)



KOTARA YA 3 MATSATSI A 52		BEKE 1-4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	BEKE 11
TSEBO YA MANTLHA	DIHLOOHO HO YA KA KHARIKHULAMO:	KOTARA YA 2 "MOSEBETSI WA TLWAELO LE TEKOLO YA MOTHEO"	MOBU	HO SEBETSA KA MOBU	DIPALANGWANG TSA TSELA LE TSA SEPORO	DIPALANGWANG TSA METSING / MOYENG	BOIPBALLO MEBILENG	BATHO BA RETHUSANG	BATHO BA RE THUSANG
	BOKGONI LE TSA BOHLOKWA/MAK GABANE:	Sebedisa ATP ya kotara ya bobedi kapa eketsa dibeke ho qetella mosebetsi wa kotara ya boraro	<ul style="list-style-type: none"> • Lekola • Amahanya • Hlophisa • Ha re bueng 	<ul style="list-style-type: none"> • Lekola • Amahanya • Hlophisa • Mometho • Bo itekolo 	<ul style="list-style-type: none"> • Lekola • Amahanya • Hlophisa • Ha re bueng 	<ul style="list-style-type: none"> • Lekola • Amahanya • Hlophisa • Ha re bueng 			

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO


<ul style="list-style-type: none"> • Bokgoni ba tshebetso ya Mahlale • Bokgoni ba tshebetso ho tsa thekenoloji • Bokgoni ba tshebetso ho tsa thuta fatshe • Ho botsa ka ho hong • Ho namolloa • Makgabane / bohlokwa • Mekgwa / Tjhadimo 	<p>tse amanang le puo ya lapeng mohl: mobu, dipalangwang, boipaballo mebileng ke tse ding</p>		<ul style="list-style-type: none"> • Ha re bueng 						
<p>HOPOLA hlokomela mesebetse eo o lokelang ho e khothalletsa Tshebetso phethahatso</p> <p>Baithuti ba buisana, ba rerisana, fuputsa, rarolla bothata, nahana le ho beya mabaka a bohlokwa ka ho fetisisa</p>									
<p>TSEBO:</p>		<ul style="list-style-type: none"> • Mefuta le melemo ya mobu 	<ul style="list-style-type: none"> • Dimela di hloka eng hore di hole le bohlokwa ba ho jala hae 	<ul style="list-style-type: none"> • dipalangwang tsa tsela le tsa seporo • le tshebediso ya tsona 	<ul style="list-style-type: none"> • dipalangwang tsa metsing / moyeng • tshebediso ya tsona • matla 				
<p>DITHUTO HO TSWA HO KHARIKHULAMO :</p> <p>SEBEDISA BUKA YA DBE KA NEPO</p>		<ul style="list-style-type: none"> • Phapang ya mmala le boleng • Dibupuwa tse phelang mobung jwalo ka manyoha le mokunyane 	<ul style="list-style-type: none"> • Di mela di hloka eng ho hola • O jala peo ya dimela jwang • Ho hlokomela mobu hore obe motle bakeng la ho jala dimela 	<ul style="list-style-type: none"> • Mefuta le mkgwa ya ho sebedisa dipalangwang tsa mobung le seporong • Mefuta e fapaneng ya ditsela 	<ul style="list-style-type: none"> • Phapang ya dipalangwang tsa moyeng • Mefuta le tshebediso ya dipalangwang tsa metsing 	<p>Ha ho tse amanang le tsa tihaho</p>			



MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<p>Ho bala ka kutlwisiso dipale tseo eleng tsa nnete le tseo eseng tsa nnete</p>		<ul style="list-style-type: none"> • Mobu ho hodisa dimela le bohlokwa ba hore meroho e mele / hlahe • Dinontsha mobu 	<ul style="list-style-type: none"> • Bohlokwa ba ho jala meroho • (Ho ba le boemo bo phahameng ba ho fumana dijo tse lekaneng ho thibela tlala) 	<ul style="list-style-type: none"> • Mefuta le tshebediso ya terene (maeto a makgutshwane le a ma lelele ho leba dinaheng tsa boahelane) • Mefuta ya matla a sebediswang ke diterene tse fapaneng (mashala, diselele, motlakase) 	<ul style="list-style-type: none"> • Phapang ya matla a sebediswang ke dipalangwang tsa metsi 	
<p>DITHUSATHUTO:</p> <p>Dikarete, tsebo ya mantswe le hlaloso ya ona, mantswe a leboteng le dibuka tsa laeaborari</p>		<ul style="list-style-type: none"> • Buka ya 2 ya DBE Leq. 2 – 6 • Dibopeho tsa mahlakore a mararo[3D] • Ditjhate • Tshwantshiso 	<ul style="list-style-type: none"> • Buka ya 2 ya DBE Leq.7 – 9 • Dibopeho tsa mahlakore a mararo [3D] • Tshwantshiso 	<ul style="list-style-type: none"> • Buka ya 2 ya DBE Leq.10 -13 • Tshwantshiso • Ditjhate 	<ul style="list-style-type: none"> • Buka ya 2 ya DBE Leq.14 -19 • Dibopeho tsa mahlakore a mararo [3D] • Tshwantshiso 	
<p>BOLEPI:BAITHUTI BA RUTWE KA TSA BOLEPI HOFIHELELA BA TSEBA HO ITJHEBELA TSA BOLEPI LE MATSHWAO A TENG KA BO BONA.</p> <p>TJHATE YA TSA BOLEPI E LOKELA HO FETOLWA LETSATSI LE LETSATSI SELEMO KAOFELA.</p> <ul style="list-style-type: none"> • Kakanyo • Boholo le bonyane ba motjheso • Matshwao (Celsius, weather forecast) • Ho kwahela ha maru • Qetella tjhate yahao ya tsabolepi - Kakanyo (pula), moya, 						

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO


TEKANYETSO EO ESENG YA SEMMUSO:	<ul style="list-style-type: none"> • Mosebetsi olokela ho lekolwa le ho hlahlojwa ka mehla ka nako ya thuto • Nkela hloohong bokgoni, tsebo, maikutlo le bohlokwa boo a ithutileng bona ho puo ya lapeng le dipalo • Ba ka fuwa mosebetsi o ngolwang • Bokgoni, tsebo, maikutlo le bohlokwa ha se mosebetsi o ka lekolwng empa ba ithuti b aka fuwa monyetla wa ho araba ka molomo, ka ho etsa le ka ho ngola • E lokela ho ba tekolo eo e sen ya semmuso le ka phetapheto
TEKANYETSO YA SEMMUSO YA SEKOLO:	<p>Lekola melawana ya semmuso ya tekanyetso ya DBE SBA (tekanyatso e etswang ke sekolo)</p> 

KOTARA YA 3 MATSATSI A 52		BEKE 1-4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	BEKE 11
TSEBO YA MOTHEO LE BOPHELO BO BOTLE BA BOTHO LE PHEDISANO	DIHLOHO HO YA KA KHARIKHULA MO:	KOTARA YA 3 “MOSEBETSI WA TLWAELO TEKOLO YA MOTHEO”	MOBU	HO SEBETSA KA MOBU	DIPALANGWANG TSA TSELA LE TSA SEPORO	DIPALANGWANG TSA METSING / MOYENG	BOIPABALLO MEBILENG	BATHO BA RE THUSANG	BATHO BA RE THUSANG
	TSEBO LE BOKGONI: <ul style="list-style-type: none"> • Bapisa • Lekola • Ha re bueng • Kgetha • Hlompho • Tumellano 	Sebedisa ATP ya kotara ya bobedi kapa eketsa dibeke ho qetella mosebetsi wa kotara ya boraro tse amanang le puo ya lapeng mohl: mobu, dipalangwang, boipaballo					<ul style="list-style-type: none"> • Khetha • Lekola • Ho ngola 	<ul style="list-style-type: none"> • Kgetha • Lekola • Ho ngola • Ho nka karolo 	<ul style="list-style-type: none"> • Kgetha • ho ngola • ho nka karolo

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

		mebileng ke tse ding							
	MOHLODITHEO LE TSEBO: HOPOLA ho phahamisa dipapadi tse thusang kelello le ho laola ditlwaelo le boitshwaro						<ul style="list-style-type: none"> • Boipaballo mebileng • Ho eilelwa matshwao a tsela le boipaballo mebileng 	<ul style="list-style-type: none"> • Baithuti ba laolang sephethephethe bakeng sa babang • Balaola sephethephethe ba thusa barutwana jwang 	<ul style="list-style-type: none"> • Batho ba rethusang setjhabeng sa ha borona
THUTO HO TSWA HO KHARIKHULAMO: Etsa bonnete bah ore buka ya DBE e sebediswa ka nepo			Ha ho tse amanang le tsa tlhaho	<ul style="list-style-type: none"> • Ho phela hantle • Melao ya boipaballo mebileng • ditaaso • Bapalami ba dibaesekele • Bapalami ba dikoloi • Matshwao a tsela a ditaaso le bo radibaesekele 	<ul style="list-style-type: none"> • Bophelo bo bottle • Ho hlwaya baithuti ba nkang karolo ho laola sephethephethe le tema eo ba e bapalang polokehong ya babang • Ba laola sephethephethe ba re thusa jwang • Mosebetsi wa balaola sephethephethe 	<ul style="list-style-type: none"> • Kamano tse ka hare le boleng. • Batho ba thusang setjhaeng sa bo rona mohl: clinic, titjhere, mosebetsi laeborari, baoki, • Ka moo batho ba fapaneng ba thusang ka teng • Ka moo ke kopang thuso nakong ya tshohanyetso 			

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	DITHUSATHUTO : Dikarete, tsebo ya mantswe le hlaloso ya ona, mantswe a leboteng le dibuka tsa laeborari			<ul style="list-style-type: none"> Buka ya 2 ya DBE leq. 22 -25 Tjhate Dibopeho ts mahlakore a mararo [3D] Tshwantshiso 	<ul style="list-style-type: none"> Buka ya 2 ya DBE leq. 26 – 29 	Buka ya 2 ya DBE leq 30-33
	TSA BODUMEDI LE MATSATSI A BOHLOKWA A KETEKWANG KE SETJHABA A TSHWANETSE HO ELELLWA KA NAKO EO A ETSahalang YA ONA KA KOTARA					
	TEKANYETSO E SENG YA SEMMUSO :	<ul style="list-style-type: none"> Mosebetsi o lokela ho lekolwa le ho hlahlojwa ka mehla ka nako ya thuto Nkela hloohong bokgoni, tsebo, maikutlo le bohlokwa boo a ithutileng bona ho puo ya lapeng le dipalo Ba ka fuwa mosebetsi o ngolwang Bokgoni, tsebo, maikutlo le bohlokwa ha se mosebetsi o ka lekolwng empa baithuti ba ka fuwa monyetla wa ho araba ka molomo, ka ho etsa le ka ho ngola E lokela ho ba tekolo eo e seng ya semmuso le ka phetapheto 				
	TEKANYETSO YA SEMMUSO YA SEKOLO:	<p>Lekola melawana ya semmuso ya tekanyetso ya DBE (A itshetlehle ka tekanyatso e etswang ke sekolo)</p> 				

KOTARA YA 3 MATSATSI A 52		BEKE 1-4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	BEKE 11
TSEBO YA MANT LHA	DIHLOOHO HO YA KA KHARIKHULAMO:	KOTARA YA 2 “MOSEBETSI WA TLWAELO LE TEKOLO YA MOTHEO”	MOBU	HO SEBETSA KA MOBU	DIPALANGWANG TSA TSELA LE TSA SEPORO	DIPALANGWANG TSA METSING / MOYENG	BOIPABALLO MEBILENG	BATHO BA RE THUSANG	BATHO BA RE THUSANG


MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<p>BOKGONI LE TSA BOHLOKWA/MAKGABANE:</p> <ul style="list-style-type: none"> Bokgoni ba tshebetso ya Mahlale Bokgoni ba tshebetso ho tsa thekenoloji Bokgoni ba tshebetso ho tsa thuta fatshe Ho botsa ka ho hong Ho namolloa Makgabane / bohlokwa Mekgwa / Tjhadimo 	<p>Sebedisa ATP ya kotara ya bobedi kapa eketsa dibeke ho qetella mosebetsi wa kotara ya boraro tse amanang le puo ya lapeng mohl: mobu, dipalangwang, boipaballo mebileng ke tse ding</p>	<ul style="list-style-type: none"> Lekola Amahanya Hlophisa Ha re bueng 	<ul style="list-style-type: none"> Lekola Amahanya Hlophisa Mometho Bo itekolo Ha re bueng 	<ul style="list-style-type: none"> Lekola Amahanya Hlophisa Ha re bueng 	<ul style="list-style-type: none"> Lekola Amahanya Hlophisa Ha re bueng 			
<p>HOPOLA hlokomela mesebetse eo o lokelang ho e khothalletsa Tshebetso phethahatso</p> <p>Baithuti ba buisana, ba rerisana, fuputsa, rarolla bothata, nahana le ho beya mabaka a bohlokwa ka ho fetisisa</p>								
<p>TSEBO:</p>		<ul style="list-style-type: none"> Mefuta le melemo ya mobu 	<ul style="list-style-type: none"> Dimela di hloka eng hore di hole le bohlokwa ba ho jala hae 	<ul style="list-style-type: none"> dipalangwang tsa tsela le tsa seporo le tshebediso ya tsona 	<ul style="list-style-type: none"> dipalangwang tsa metsing / moyeng tshebediso ya tsona matla 			
<p>DITHUTO HO TSWA HO KHARIKHULAMO :</p> <p>SEBEDISA BUKA YA DBE KA NEPO</p>		<ul style="list-style-type: none"> Phapang ya mmala le boleng Dibupuwa tse phelang mobung jwalo ka 	<ul style="list-style-type: none"> Dimela di hloka eng ho hola O jala peo ya dimela jwang Ho hlokomela mobu hore obe motle bakeng la ho jala dimela 	<ul style="list-style-type: none"> Mefuta le mekgwa ya ho sebedisa dipalangwang tsa mobung le seporong Mefuta e fapaneng ya ditsela Mefuta le tshebediso ya terene (maeto a makgutshwane le a ma lelele ho leba dinaheng tsa boahelane) 	<ul style="list-style-type: none"> Phapang ya dipalangwang tsa moyeng Mefuta le tshebediso ya dipalangwang tsa metsing Phapang ya matla a sebediswang ke dipalangwang tsa metsi 			<p>Ha ho tse amanang le tsa tlhaho</p>

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<p>Ho bala ka kutlwisiso dipale tseo eleng tsa nnete le tseo eseng tsa nnete</p>		<p>manyoha le mokunyane</p> <ul style="list-style-type: none"> • Mobu ho hodisa dimela le bohlokwa ba hore meroho e mele / hlahe • Dinontsha mobu 	<ul style="list-style-type: none"> • Bohlokwa ba ho jala meroho • (Ho ba le boemo bo phahameng ba ho fumana dijo tse lekaneng ho thibela tlala) 	<ul style="list-style-type: none"> • Mefuta ya matla a sebediswang ke diterene tse fapaneng (mashala, disele le motlakase) 		
<p>DITHUSATHUTO:</p> <p>Dikarete, tsebo ya mantswe le hlaloso ya ona, mantswe a leboteng le dibuka tsa laeborari</p>		<ul style="list-style-type: none"> • DBE WB 2 Leq. 2 – 6 • Dibopeho tsa mahlakore a mararo[3D] • Ditjhate • Tshwantshiso 	<ul style="list-style-type: none"> • DBE WB 2 Leq.7 – 9 • Dibopeho tsa mahlakore a mararo [3D] • Video 	<ul style="list-style-type: none"> • DBE WB 2 Leq.10 -13 • Video • Ditjhate 	<ul style="list-style-type: none"> • DBE WB 2 Leq.14 -19 • D • Video 	
<p>BOLEPI: BAITHUTI BA RUTWE KA TSA BOLEPI HOFIHELELA BA TSEBA HO ITJHEBELA TSA BOLEPI LE MATSHWAO A TENG KA BO BONA.</p>						
<p>TJHATE YA TSA BOLEPI E LOKELA HO FETOLWA LETSATSISILE LETSATSISILE SELEMO KAOFELA.</p>						
<ul style="list-style-type: none"> • Kakanyo • Boholo le bonyane ba motjheso • Matshwao (Celsius, Boemo ba lehodimo) • Ho kwahela ha maru • Qetella tjhate ya hao ya tsa bolepi - Kakanyo (pula), moya, 						
<p>TEKANYETSO EO ESENG YA SEMMUSO:</p>	<ul style="list-style-type: none"> • Mosebetsi o lokela ho lekolwa le ho hlahlojwa ka mehla ka nako ya thuto • Nkela hloohong bokgoni, tsebo, maikutlo le bohlokwa boo a ithutileng bona ho puo ya lapeng le dipalo • Ba ka fuwa mosebetsi o ngolwang • Bokgoni, tsebo, maikutlo le bohlokwa ha se mosebetsi o ka lekolwng empa ba ithuti b aka fuwa monyetla wa ho araba ka molomo, ka ho etsa le ka ho ngola 					

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

		<ul style="list-style-type: none"> E lokela ho ba tekolo eo e sen ya semmuso le ka phetapheto
	TEKANYETSO YA SEMMUSO YA SEKOLO:	<p>Lekola melawana ya semmuso ya tekanyetso ya DBE A ikamahantse le tekanyatso e etswang ke sekolo)</p> 

KEREITI YA 2 MERERO YA HO RUTA E NTLAFADITSWENG : BOKGONI BA BOPHELO

KOTARA YA 4 MATSATSI A 47		BEKE 1- 3	BEKE 4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10
BOPHELO BO BOTLE BA MOTHO LE PHEDISANO	KHARIKHULAMO DIHLOOHO:	KOTARA YA 3 "SEHLOOHO LE PHETELO "	NAHA YA RONA	PINA YA NAHA LE SEAPARO SA MATSOHO	MATSHWAO A NAHA	DITSELA TSEO RE BUISANANG KA TSONA	HO BUA NTLA LE BONA/HO UTLWA	BOPHELO BOSIU LE MOTSHEARE	DIPHOOFOLA TSA BOSIU
	BOKGONI LE DITEKANYETSO:	Sebedisa ATP ya kotarara ya 3 kapa atolosa dibeke ho qetella dihlooho tsa Kotara ya 3. Dihlooho di ka hokanngwa le tsa Puo Ya Lapeng, mohlala dibeke tse 2 ka Motsheare le Bosiu le Diphoofole tsa Bosiu.				<ul style="list-style-type: none"> Bua Bala Mamela Ngola 	<ul style="list-style-type: none"> Bua Bala Mamela Ngola 	<ul style="list-style-type: none"> Bua Bala Mamela Ngola 	

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	<p>DIKGOPOLOKUTLWISISO :</p> <p>HOPOLA hore kamehla o hlokomele hore mesebetsi eo o e nehang baithuti e ntshetsepele MOSEBETSI WA PHETHAHATSO - Mosebetsi wa ho hopola Thibelo ya ho itaola Boitaolo</p>					<ul style="list-style-type: none"> • Ditsela tse re buisanang ka tsona 	<ul style="list-style-type: none"> • Ditsela tse re buisanang ka tsona 	<ul style="list-style-type: none"> • Mesebetsi ya lapeng bosiu • Batho ba sebeletsang setjhaba bosiu 	
	<p>KHARIKHULAMO Dikahare:</p> <p>NETEFATSA HORE TSHEBEDISO YA BUKA YA DBE KE E NEPAHETSENG</p> <p>Ho bala ka kutlwisiso ditema tse iqapetsweng le tse sa iqapelolwang.</p>		<p>Ha hona dikgokahano tsa tlhaho</p>			<ul style="list-style-type: none"> • Bophelo bo botle setjhabeng • Ho bua – ho kenyelletse ho hlalosa, puisano, dithothokiso le dipina. • Ho ngola – ho kenyelletse ho ngola lengolo kapa karete le ho e posa. • Ho bala – Ho kenyelletse ditaello le dipapatso • Ho mamela – ho kenyelletse ho mamela seyalemoya le dipale 	<ul style="list-style-type: none"> • Bophelo bo botle bo kenyelletsang ho bala puo molomong wa motho, ho bina le ho etsa ho dumela ka hlooho, ho bontsha pososelo, ho sisinya mmele jj 	<ul style="list-style-type: none"> • Dintho tseo re di etsang bosiu- ho itukisetsa ho robala , bala le ho bua dipale, ho robala le ho lora ○ Batho ba sebetsang bosiu – jwalo ka batho ba tshireletso, dingaka, bafofisei ba dfofane, baganni ba diteraka 	<p>Ha hona dikgokahano tsa tlhaho</p>
	<p>DISEBEDISWA: dikarete/ Tlotlontswe bakeng sa tsepamiso ya maikutlo ho diboto le mantswe a leboteng Dibuka tsa laiborari/ dibuka</p>			<ul style="list-style-type: none"> • Buka ya DBE 2: Maq. 43 -49 • 3D dintho • Ditjhate • Dividiyo • Masedinyana 	<ul style="list-style-type: none"> • Buka ya DBE 2 Maq. 48 – 50 • Ditjhate • Dividiyo 	<ul style="list-style-type: none"> • Buka ya DBE 2 Maq.54-61 • Ditjhate • Dividiyo 			

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

BOPHELO BO BO BOTLE BA MOTHO LE PHEDISANO

BODUMEDI LE MATSATSI A BOHLOKWA A KETEKWANG KE SETJHABA A HO RUTWA KOTARENG EO A ETSahalang HO YONA

MOSEBETSI WA TEKANYETSO E SENG YA SEMMUSO:

- Mesebetsi e lokelwa ke ho lekolwa le ho etsa tekolo nakong ya ho ruta. Ela hloko hore Tsebo,Boikutlo le Ditekanyetso tse ithutilweng ho Puo Ya Lapeng le ho Mmetse di ntshetswapele
- Mesebetsi e meng e ngolwang e ka nehwa baithuti ho e ngola
- Tsebo, tshebediso le ditekanyetso ha di a rrelwa ho sebedisetdwa tekanyetso empa etsa bonnete bah ore baithuti ba fumantshwa monyetla wa ho bontsha tsebo ya bona ka hohle ho hle.
- Hona ho etswe ka mokgwa o sa rerwang mme ho ntse ho tswelwapele.

MOSEBETSI WA TEKANYETSO WA SEKOLONG

SEBEDISA TATAISO YA DBE (O itshetlehlile ka tekanyetso e etswang ke sekolo)



KOTARA YA 4 MATSATSI A 47

BEKE 1-3

BEKE 4

BEKE 5

BEKE 6

BEKE 7

BEKE 8

BEKE 9

BEKE 10

DIHLOOHO HO YA KA KHARIKHULAMO:

KOTARA YA 3 "SEHLOOHO LE PHETELO "

NAHA YA RONA

PINA YA NAHA LE SEAPARO SA MATSOHO

MATSHWAO A NAHA

DITSELA TSEO RE BUISANANG KA TSONA

HO BUA NTLA LE BONA/HO UTLWA

BOPHELO BOSIU LE MOTSHEARE

DIPHOOFOLA TSA BOSIU

BOKGONI LE DITEKANYETSO:

- Bokgoni ba tshebetso ya Mahlale

- Hlokomela
- Bapisa
- Batlisisa - "etsa dipatlisiso"

- Hlokomela
- Bapisa
- Batlisisa - "dipatlisiso"

- Hlokomela
- Bapisa
- Batlisisa - "etsa dipatlisiso"

- Hlokomela
- Batlisisa - "etsa dipatlisiso" dibukeng le

- Hlokomela
- Bapisa
- Bua

- Hlokomela
- Bapisa
- Hlopha




MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<ul style="list-style-type: none"> • Bokgoni ba tshebetso ya Mahlale • Bokgoni ba sebaka • Botsa • Tthaloso • Ditekanyetso • Maikutlo 		<p>dibukeng le mehloding e meng</p> <ul style="list-style-type: none"> • Ho bua 	<p>dibukeng le mehloding e meng</p> <ul style="list-style-type: none"> • Ho bua 	<p>dibukeng le mehloding e meng</p> <ul style="list-style-type: none"> • Ho bua 	<p>mehloding e meng</p> <ul style="list-style-type: none"> • Ho bua 			<ul style="list-style-type: none"> • Batlisisa - "etsa dipatlisiso" dibukeng le mehloding e meng • Ho bua
<p>HOPOLA hore kamehla o hlokomela hore mesebetsi eo o e nehang baithuti e ntshetsopele MOSEBETSI WA PHETHAHATSO - Mosebetsi wa ho hopola Thibelo Boitaolo</p>								
<p>Ho bua ha baithuti, dipuisano, morolo, BOTSISISA 'ho batla ho tseba', ho rarolla mathata, nahana le ho beha mabaka ke hwa bohlokwa</p>								
<p>TSEBO:</p>		<ul style="list-style-type: none"> • Diprofensi • Dipuo tse leshome le motso o mong tsa Semmuso • Folaga ya Afrika Borwa 	<ul style="list-style-type: none"> • Ho mamela pina ya setjhaba • Kutlwisiso mantswa pineng ya setjhaba. • Ho hlokomela Seaparo sa matsoho jwalo ka boitlamo ba Afrika Borwa 	<ul style="list-style-type: none"> • Matshwao a emela Afrika Borwa. Kutlwisiso ya matswao a BoAfrika le hore a hlalolang 	<ul style="list-style-type: none"> • Tsebo le boiphihlelo ba baithuti • Dipuisano • Dipatlisiso • Ho ithuta puo ya matsoho 	<ul style="list-style-type: none"> • Re ka kgona ho bua jwang ha re sa utlwe? • Re ka kgona ho bua jwang ha re sa bone? 		<ul style="list-style-type: none"> • Diphoofole tsa bosiu •
<p>KHARIKHULAMO Dikahare:</p> <p>NETEFATSA HORE TSHEBEDISO YA BUKA YA DBE KE NEPAHETSENG</p> <p>Ho bala ka kutlwisiso (Kutlwisiso) ditema tse iqapetsweng le tse sa iqapelolwang.</p>		<ul style="list-style-type: none"> • Bolela sebaka le toropo mmoho le porofense ya heno • Hopola folaga ya Afrika Borwa le dibaka moo o ka e bonang 	<ul style="list-style-type: none"> • Pina ya Setjhaba - mamela le ho bina • ELA HLOKO: Pina ya setjhaba e ka rutwa kotara kaofela. Kenyellelsa baithuti ba dinaha tse ding le ho sebedisa difolaga tse fapaneng ha ho kgoneha. 	<ul style="list-style-type: none"> • Bohlokwa ba matshwao • Hlwaya matshwao a naha ya Afrika Borwa tjheleteng ya Afrika Borwa ya tshepe. 	<ul style="list-style-type: none"> ○ Ho ngola – ho kenyelletse ho ngola lengolo le ho le posa ○ Ho bala – ho kenyelletse ho nka ditaello le ho etsa dipapatso ○ Ho mamela – ho kenyelletse ho mamela seyalemoya le dipale ○ Mokgwa wa ho bua ka 21st senturi 	<ul style="list-style-type: none"> • Ho bua ka: • Mongolo wa letshwao la • Boreile 		<p>Diphoofole tsa bosiu tse kang diphooke, dinyonyana, mangau, diphokojwe</p>



MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

<p>DISEBEDISWA: dikarete/ Tlotlontswe bakeng sa tsepamiso ya maikutlo ho diboto le mantswe a leboteng Dibuka tsa laiborari/ dibuka</p>		<ul style="list-style-type: none"> • Buka ya DBE 2 Maq. 34 -37 • 3D dintho • Ditjhate • Dividiyo jj. 	<ul style="list-style-type: none"> • Buka yaDBE 2 Maq. 38 -39 • 3D dintho • Mmapa • Lefatshe • Folaga ya Afrika Borwa 	<ul style="list-style-type: none"> • Buka ya DBE 2 Maq. 40 – 41 • tjhelete – ya pampiri le tjelete ya tshepe • Dipalesa 	<ul style="list-style-type: none"> • Buka ya DBE 2: Maq. 43 -49 • Seyalemoya • Mohala wa thekeng- founa, WhatsApp jj. • Laptopo – emeilel, sekaepe jj. 	<ul style="list-style-type: none"> • Buka ya DBE 2 Maq 50 – 53 • Ditjhate • Buka ya mongolo wa boreile 		<ul style="list-style-type: none"> • Buka ya DBE 2 Maq. 62 – 64 • Dividiyo • Ditjhate
<p>BOEMO BA LEHODIMO: BOEMO BA LEHODIMO BO RUTWE HO Fihlela Baithuti ba Kgona ho Hlokomela BOEMO BA LEHODIMO KA BO BONA BA BILE BA KGONA HO FETOLA MATSHWAO LETSATSI LE LETSATSI. TJHATE YA MAEMO A LEHODIMO E LOKELWA KE HO NTJHAFATSWA LETSATSI LE LETSATSI HO FIHA SELEMO SE FELA.</p> <ul style="list-style-type: none"> • Noha • Bonyane le bongata ba motjheso • Matshwao (a hlahosang boemo ba lehodimo) • Ho kwahela ha maru • Qetella tjhate ya boemo ba lehodimo ka bo wena - Pula, moya, jj Ntshetsa pele tsebo le bokgoni nako le nako 								
<p>MOSEBETSI WA TEKANYETSO E SENG YA SEMMUSO:</p>	<ul style="list-style-type: none"> • Mesebetsi e lokelwa ke ho lekolwa le ho etsa tekolo nakong ya ho ruta. Ela hloko hore Tsebo, Boikutlo le Ditekanyetso tse ithutilweng ho Puo Ya Lapeng le ho Mmetse di ntshetswapele • Mesebetsi e meng e ngolwang e ka nehwa baithuti ho e ngola • Etsa bonnete ba hore baithuti ba fumantshwa monyetla wa ho bontsha tsebo ya bona ka hohle ho hle. • Hona ho etswe ka mogkwa o sa rerwang mme ho ntse ho tswelwapele. 							
<p>MOSEBETSI WA TEKANYETSO WA SEKOLONG</p>	<p>Sebedisa tataiso ya dbe bakeng sa mesebetsi ya tekolo e etswang ke sekolo.</p> 							




MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

KOTARA YA 4 MATSATSI A 47		BEKE 1-3	BEKE 4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	
BONONO BO IQAPELWANG	DIHLOOHO HO YA KA KHARIKHULAMO:	KOTARA YA 3 "SEHLOOHO LE PHETELO "	NAHA YA RONA	PINA YA NAHA LE SEAPARO SA MATSOHO	MATSHWAO A NAHA	DITSELA TSEO RE BUISANANG KA TSONA	HO BUA NTLE LE BONA/HO UTLWA	BOSIU LE MOTSHEARE	DIPHOOFOLA TSA BOSIU	
	HOPOLA hore kamehla o hlokomele hore mesebetsi eo o e nehang baithuti e ntshetsepele MOSEBETSI WA PHETHAHATSO - Mosebetsi wa ho hopola Thibelo ya ho itaola Boitaolo									
	HO BOPA MAHLAKORE A 2 BAITHUTI BA BE LE LEBOKOSO MOO MOITHUTI KA MONG A TLA TSHELANG DISEBEDISWA TSA HAE TENG (piti, sekere, pencele dikerayone, jj.)									
	Ho etsa metako e ikamahantseng le dihlooho tse loketseng kotare, buisanang ka mmala, sehalo, boleng, phapang, sebopeho		X				X		X	
	HO BOPA KA MAHLAKORE A 3 (BAITHUTI BA BE LE LETSOPA MOO MOITHUTI KA MONG A TLANG HO TSHELA LETSOPA LA HAE KAHARA SETSHELO SA HAE MME LETSOPA LEO LE SEBEDISWE KE YENA FEELA)									
	Ho bopa ditshwantsho tsa letsopa			X						X
BONONO BO BOHUWANG	HO ETSA MATSAPA LE HO HLALOSA Ba sebedise sebaka se pela ditulo tsa bona									
	Ho mamela mmino le ho hlwaya hore diphetoho, ho phahama le ho theoha ha lentswe, boleng ba lentswe le sekgahla di kopana jwang ho pheta pale ya e jwalo ka 'Thabo le phirif', jj.			X			X			
	Ho etsa matsapa a metsamao le dimelo o sebedisa motsamao wa ditsu, manonyeletso le boemo ho akanya pale e jwalo ka, Thabo le phiri		X			X				X

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

Ho bopa tshebetso ya phaphete o tsepamisitse puisanong mahareng a diphaphete					X			
Ho ithuta mekgwa, maemo le dikamano tsa phapete-semelo se jwalo ka (satane), ho bapala o le phoofolo, moloji, kgosana jj						X	X	
DIPAPADI TSA BOIQAPELO LE BOKGONI								
Sebedisa sebaka se pela setulo sa hae kapa sebaka ka ntle mme e be se tshwailweng ka ho hlaka (mela e ka sehwa ka sekontiri moo baithuti ba tla nkang karolo ya bana ba 7 kapa 8 ho ya ka sehlopha ho ya fela ka sebaka, mesebetsi e arohane)								
Ho futhumatsa mmele: o sebedisa didikadikwe, dikgutlo, methinya le dizikizeke		X	X	X				
Ho futhumatsa lentswe: o sebedisa lentswe le dipina le diraeme o tsepamisitse dinotong tse hodimo le tse tlase le sekgahla se potlakileng le se iketleleng					X	X	X	
Ho bina dipina ho ntlafatsa bokgoni ba ho bina					X	X	X	X
Ho kopanya motsamao wa mesifa e meholo le eseng meholo jwalo ka ho sotha ho kopantsweng le ho holopa kabo bona le bomphato ba bona		X	X	X				
Ho etsisa ho bonolo: ho tshwantshisa mesebetsi ya letsatsi ka leng o tsepamisitse ho boima, sebopeho le sebaka jwalo ka ho raha bolo lebaleng le leholo la dipapadi, ho					X	X	X	


MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	kgukgona ka hara lehaha le lesesane								
	Ho qapa modumo wa ho phuthela ntho, o sebedisa diphetho tse kang ho phahama le ho theoha ha lentswe, boleng ba lentswe, le sekgahla ho bontsha semelo, maikutlo jwalo ka nstatemoholo = ho phahama le ho theoha ha lentswe, butle, nonyana = kgutsa, bophahamo ba lentswe, ka potlako jj					X	X	X	X
	Ho phomotsa mmele le ho iketla: ho tsamaela le mmimo o tsamayang butle, o phodisang maikutlo		X	X	X				X
	MOSEBETSI WA TEKANYETSO E SENG YA SEMMUSO:	<ul style="list-style-type: none"> Mesebetsi e lokelwa ke ho lekolwa le ho etsa tekolo nakong ya ho ruta. Ela hloko hore Tsebo, Boikutlo le Ditekanyetso tse ithutilweng ho Puo Ya Lapeng le ho Mmetse di ntshetsopele. Etsa bonnete ba hore baithuti ba fumantshwa monyetla wa ho bontsha tsebo ya bona ka hohle hohle. Hona ho etswe ka mokgwa o sa rerwang mme ho ntse ho tswelwapele. 							
	MOSEBETSI WA TEKANYETSO WA SEKOLONG	SEBEDISA TATAISO YA DBE BAKENG SA MESEBETSI YA TEKOLO (SBA O ikamahantse le tekanyatso e etswang ke sekolo) 							

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

KOTARA YA 4 MATSATSI A 47		BEKE 1-3	BEKE 4	BEKE 5	BEKE 6	BEKE 7	BEKE 8	BEKE 9	BEKE 10	
	KHARIKHULAMO DIHLOOHO:	KOTARA YA 3 "SEHLOOHO LE PHETELO "	NAHA YA RONA	PINA YA NAHA LE SEAPARO SA MATSOHO	MATSHWAO A NAHA	DITSELA TSEO RE BUISANANG KA TSONA	HO BUA NTLA LE BONA/HO UTLWA	BOSIU LE MOTSHEARE	DIPHOOFULO TSA BOSIU	
Thuto ya Boithapollo ba Mmele	DIKGOPOLOKUTLWISO : HOPOLA hore kamehla o hlokomele hore mesebetsi eo o e nehang baithuti e na le ntshetsopele MOSEBETSI WA PHETHAHATSO - Mosebetsi wa ho hopola Thibelo ya Boitaolo	KE TLHAHO HORE BAITHUTI DILEMONG TSEO BA LENG HO TSONA BA BAAPALE BAKENG SA KGOLO LE HO NTLAFALA. BA SE KE BA THIBELWA HO BAPALA. <ul style="list-style-type: none"> Bithuti ba boloke ho arohana Mesebetsi e hlophisitswe ka tsela eo ho tla bolokwa ho arohana. Mesebetsi e hlophisitswe hore e ka etswa ka phaposing – moo ho nang le tshubuhlellano- dumella baithuti ho arohana ka ntle ho phaposi. Mesebetsi ya ho tsamaisa mesifa e meholo e ka etswa nakong eo baithuti ba kenang ka phaposing hoseng kapa ha ba tswa nakong ya dijo Ho tsamaya ka ho bolokeha ha ba araba ditaelo Etsa bonnete ba hore dithuto di na le mesebetsi e latelang: ho futhumatsa mmele, ho phodisa mmele le ho phomola. O ka kopanya mesebetsi wa ho futhumatsa mmele, motsamao wa mesifa e meholo le ho se tsamaisa mesifa e meholo mmoho le mesebetsi ya boiqapeloho kenyeleditswe le dipapadi le bokgoni ho Thuto ya Boithapollo ba Mmele. Dumella baithuti ho sebedisa disebediswa tsa bona kapa ba ka sebedisa disebediswa ka dihlopha ka matsatsi a fapaneng hore di tsebe ho hlwekiswa. Hlatswa disebediswa tsohle ha di qetwa ho sebediswa (litara e le nngwe ya metsi le dikgabana tse jiki) <p>ELA HLOKO, LE HA MESEBETSI E TLA ETSWA KA BEKE, O KA NNA WA FETOLA MESEBETSI HORE E IKAMAHANYE LE MOELELO WA THUTO EO O E RUTANG KAPA HO YA KA DITLHOKO TSEO O DI BONANG HO BAITHUTI</p>								
		MOTSAMAO WA MESIFA E MEHOLO								
		Dibakeng tse ikgethileng								
		Qhomela hodimo, tsamaya ka dikgato tse kgolo, tsamaya ka dikgato tse nyane, tlola, tloatlola		X	X					
			LEHLAKORE							
		Ho ikotlolla, hodimo le mahlakoreng				X	X	X		X
	MOSEBETSI WA TEKANYETSO E SENG YA SEMMUSO:	<ul style="list-style-type: none"> Mesebetsi e lokelwa ke ho lekolwa le ho etsa tekolo nakong ya ho ruta. Ela hloko hore Tsebo, Boikutlo le Ditekanyetso tse ithutilweng ho Puo Ya Lapeng le ho Mmetse di ntshetswa pele. Etsa bonnete ba hore baithuti ba fumantshwa monyetla wa ho bontsha tsebo ya bona ka hohlehohle. Hona ho etswe ka mokgwa o sa rerwang mme ho ntse ho tswelwapele. 								

MORALO WA HO RUTA WA THUTO YA MOTHEO KEREITI YA 2: THUTO YA TSA BOPHELO

	<p>MOSEBETSI WA TEKANYETSO WA SEKOLONG</p>	<p>SEBEDISA TATAISO YA DBE O ikamahantse le tekanyatso e etswang ke sekolo.</p> 
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