

Annual Teaching Plan: LIFE SKILLS

VHUIMO HA MUTHEO: ZWIKILI ZWA VHUTSHILO GIREIDI 1

GAIDI YA KUSHUMISELE KWA KHARIKHUJAMU YO FHUNGUDZWAHO YA ZWIKILI ZWA VHUTSHILO KHA VHUIMO HA MUTHEO:

- Zwikili zwa Vhutshilo ndi muṭoḍo wa u funza na u guda kha Vhuimo ha Mutheo. Iyi ngoho a i koni u tsikeledzwa lwo linganelaho. I ita khonadzeo ya “U funza na u guda ho nwelelaho musi vhagudi vha tshi shumisa ṭhalusaipfi, vho sika maṅwalwa a U Vhala na vhagudi na U ṅwala, zwikili zwa ṭhalusaipfi, vhusiki ha u ṅwala na u ya phanḍa.
- Nḍivho thangeli na mutakalo wa vhuṅe na wa Tshitshavha kha kharikhujamu ya Zwikili zwa Vhutshilo yo dzudzanywa/vhekanywa nga dziṭhoho.
U shumiswa ha ṭhoho dzo fhambanaho zwo eletshedzwa sa zwine zwa nga thusa u ṭanganya magudiswa a bvaho kha thero dzo fhambanaho dza ngudo dzo fhambanaho hune zwa konadzea nahone zwa vha zwo tea. Khethani ṭhoho ya kha Zwikili zwa Vhutshilo kha CAPS u itela u katela zwa themo 1 u swika kha 4
- Kharikhujamu ya Zwikili zwa Vhutshilo ya Themo ya 1-4 yo kuvhanganywa kha ḷiṅwalwa ḷi.
- Sa kha Themo ya 2-4, ḷiṅwalwa ḷi katela Zwikili na Mikhwa, khontseputi khulwane na nḍivho kathihi na zwishumiswa zwine zwa ḍo shumiswa zwi songo dzheniswaho kha Tshipokhali (TPL).
- Magudiswa a Zwikili zwa Vhutshilo o phaḍaladzwa nga nḍila ya vho fhekanaho yo leluwaho kha vhege dzo randelwaho Themo iṅwe na iṅwe.
- Vhege nḍa dzo vhetshelwa “U lugela” kha Gireidi 1 u katela na vhagudi vhane vha nga vha vha saathu u lugela kharikhujamu ya fomaḷa. u guda na u funza zwi ḍo ya phanḍa nga murahu ha vhege 2 hu tshi shumiswa ṭhoho dzo nangiwo. U vhalela nṭha, u vhala na vhagudi, mitambo, u imba kathihi, u fhaṭa phazili zwi ya phanḍa sa kha ṭhoho “NṅE”
- Magudisi wa Gireidi 1 a ḍo vhona arali vhagudi vha tshi ḍo ṭoḍa vhege dzi no fhira 4 nahone vhenevho vhagudi vhaṭuku vha nga isa phanḍa na “Mbekanyamushumo ya u Lugela na ya u ḍivhadza foniki nga tshifhinga tsha **u funza**. VHA NGA ḌI PFUFHIFHADZA VHEGE DZA U FUNZA U FUNZA ṭHOHO DZA ZWIKILI ZWA VHUTSHILO KHA THEMO 1 zwi tshi langwa ngauri vhagudi vho shumisa vhege nngana “kha u swikela
- Gireidi 2 na Gireidi 3 dzo avhelwa vhege 2 dza Nḍivho ya u ranga na Mutheo wa nḍivho na Ngudo ya u rangela. Vha nga shumisa ṭhoho dza Themo ya 4 arali vha tshi ṭoḍa u swikelela kha Nyambo. Kha vha shumise ṭhoho, Zwi re ngomu na zwikili u langa u funza Luambo. VHA NGA ḌI PFUFHIFHADZA VHEGE DZA U FUNZA U FUNZA ṭHOHO DZA ZWIKILI ZWA VHUTSHILO KHA THEMO 1 zwi tshi langwa ngauri vhagudi vho shumisa vhege nngana “kha u swikela”.

KHA VHA DZHIELE NZHELE ZWI TEVHELALO MUSI VHA TSHI FUNZA NGUDO DZO ḌALAHO ZWA U ITA (SAINTSI YA MUPO, THEKINOḷODZHI, VHUTSILA NA NGUDO YA NYONYOLOSO) ZWA ZWIKILI ZWA VHUTSHILO

- U tamba ha u nanga na ho dzudzanywaho ndi zwa ndeme kha pfunzo ya Vhuimo ha Mutheo nahone zwi songo dzhielwa fhasi. Hu tshi tevhedzwa zwa COVID.
- Vhagudi vha tea u ḍipfa vha tshi wela nahone vha tshipiḍa tsha tshigwada nga maanḍa ngauri izwi zwi ita uri vha ḍi pfe vhe muṅwe wavho na u ṭanganedzea, nga maaṅḍa nga tshifhinga tsha

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zwino.

- Vhutsila, u imba na musudzuluwo ndi dzilafho ji no tswisa mitsiko i re hone, kuhumbulele kwa matshiliso na thikhedzo ya vhuḍipfi ndi zwiḥwe zwa vhuḥogwa.
- Tshifhinga tshinzhi nyito dziḥwe dzo litshwa kana dza shandukiswa u itela u tevhedza tshikhala tsha vhushaka.na vhubvo hau.

GAIDI YA U LINGA HA TSHIKOLONI:

- Zwi itwa tshifhinga tshoṭhe, nga nḍila i si ya fomaḵa nga u sedzulusa na nga maanḍa nga nḍila ya u ita. Vhagudi vha tea u vha na zwickhala zwinzhi musi hu sa a thu u rekhodwa lwa fomaḵa kana u ḥewa khodu.
- Nḍivho thangeli na Mutakalo wa vhuḥe zwi nga lingwa nga u ḥwala, fhedzi ṭhoho dzi katelaho u ita sa u rekhoda mutsho, nyaluwo ya zwimela, u ita tshifaro tsha tshimela zwi nga shumiswa kha u linga zwikili zwa vhutshilo na Luambo lwa hayani. Zwi fana na tshipiḍa tsha vhutsila, na nga u amba nga ha tshipiḍa tsha vhutsila hau zwi nga shumiswa kha ngudo ya vhutsila na kha (oraḵa) kha u amba na u thetshesela. Kha vha shumise ruburiki (ḥwe na ḥwe yayo) I re na maga o ṭalutshedzwaho a tshikili tshihwe na tshihwe na mvelele dzo livhanywaho kha tshibveledzwa.(oraḵa na tshipiḍa tsha vhutsila).
- Kha hu shumise gaidi ya SBA – vha nga shandukisa dziḥwe dza dzi rubiriki

Ri khou ḍi wana ri kha tshifhinga tsho fhambanaho tsha “kuitele kuswa” ri tea u vha humbudza uri kha vha ḍi ṭhogomele. Ri a livhuwa u ḍi ḥekedzela havho na u lwela u lugisela vhagudiswa vhashu u vha vhavhali vha re na vukoni, vha u humbula vukuma na u kona u tandulula thaidzo.

GIREIDI 1 MVETOMVETO YA KHARIKHULAMU YO FHUNGUDZWAHO: VHUIMO HA FHASI – ZWIKILI ZWA VHUTSHILO

THEMO 1 MADUVHA A 45	VHEGE 1	VHEGE 2	VHEGE 3	VHEGE 4	VHEGE 5	VHEGE 6	VHEGE 7	VHEGE 8	VHEGE 9	VHEGE 10
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MUTAKALO WA VHU NE NA MATSHILISANO KHA TSHITSHAVHA AVHANA WA TSHITSHAVHA	THOHO DZA TPL CAPS TOPICS:	NDIVHO THANGELI YA KUVHONELE	NDIVHO THANGELI / MVELEDZISO YA KUVHONELE	U BVELEDZISA ZWIPFI ZWANGA	U BVELEDZISA ZWIPFI ZWANGA	TSHIKOLONI	TSHIKOLONI	MADZEMA AVHUḀI	MADZEMA AVHUḀI	MUTSHO	MUTSHO
	<p>MAGA A ḀUVHA NGA ḀUVHA A COVID-19:</p> <p>Rothini ya mutakalo ya Ḁuvha na Ḁuvha i tea u tevhedzwa vhukuma:</p> <ul style="list-style-type: none"> • Kha vha humbudze vhagudi nga ha ndingo dza Ḁuvha nga Ḁuvha musi vha tshi ḁa tshikoloni. • Kha vha tuḁuwedza vhagudi u dzula hayani musi vha tshi lwala. • Vhagudi vha tea u ambara masiki Ḁuvha liḁwe na liḁwe. Masiki u tea u bvulwa fhedzi wa vhwewa fhethu ho tsireledzeaho musi vha tshi khou ḁa • Kha vha vha linde nga tshifhinga tsha zwidyangudyangu na tshiswiḁulo. • Kha vha vha funze u tibedza milomo na ningo nga lukaḁavhava kana thishu musi vha tshi khou hoḁola kana u atsamula kana nahone thisho yo shumaho i fanela u laḁwa nga u ḁavhanya • Dzulelani u ḁamba zwanḁa nga tshisebe na maḁi tshifhinga tshoḁthe kana u sanithaiza zwanḁa. • Ni dzulele u sanithaiza na u kunakisa fhethu hu no dzulela u kwamiwa kana (shumisanii lebula khulwane 5 dza dzhiki kha 1 liḁha ya maḁi) thoi, zwishumiswa zwa kijasini, thundu, nz. Maitele aya kha ambiwe sa rothini. • Siḁogene: Siani tshikhala – kha vha funze vhagudi nga u sia tshikhala na u lumelisa ni vha songo kwamana • Kha vha thuse vhagudi u pfelana vhuḁungu, u lingedza u kongelelana na musi hu tshi khou fhaḁiwa vhuḁo ho tsireledzeaho na u ḁhogomela vhaḁwe • Kha vha fhiindle nyofho/ mazhuluzhulu kha vhagudi nga lufuno na u londa • Kha vha ḁhogomela rothini dza tshifhinga tshoḁthe uri fhethu hu songo dzudzanyeaho hu vhe kha tshi vhumbeo tsho dzudzanyeaho u itela u guda “nyimele ntswa” <p style="text-align: center;">VHADEDEZI VHA TEA U VHONA URI TSIRELEDZO YAVHO NA YA VHAGUDISWA VHAVHO NDI YA NDEME KHA VHONE VHAḀE</p> <ul style="list-style-type: none"> • Magudiswa na zwiteḁwa zwa Nḁivho thangeli zwi tea u amba nga khotseputhi dzi elanaho na Saints ya matshisano, Saints dza Mupo na Thekhinoḁodzhi, tsumbo, u ḁḁisisa, dizaina, zwikili zwa u sengulusa, nz. Kha vha ite vhungoho uri u bveledzwa ha ḁivha ipfi ho livhiswa kha u alusa luambo. • Vhutsila [Vhutsila ha u vhona na vhutsila ha u ita] vha fanela u farekana vhukuma na luambo • Pfunzo ya nyonyoloso i ḁo itwa awara nnthihi nga vhege, awara ya vhuvhili i ḁo shumiswa kha u vhalala magudiswa a zwa mutakalo wa vhuḁe na a matshilisanano kha tshishavha na zwa ndivho thangeli, tsumbo, zwiteḁwa zwa u vhalala: “hu na u pfesesa”, zwiḁori, zwiendo, nz. • Ngudo inwe na inwe ya zwikili zwa vhuḁhilo i tea u thoma nga minetse ya 10- yo sedzaho kha u tsivhudza vhagudi nga Covid-19 hu tshi ambiwa nga ha u ḁamba zwanḁa, maitele avhuḁi a mutakalo, tsumba dwadze dza Covid-19, u sia tshikhala, ndi vhudza nnyi, mini nahone lini, nyambedzano dza musi khanani/muraḁo wa muḁa o lovha, nz. 										

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● Vhagudi vha lavhelelwa u ḡadza nyito kha bugu ya u shumela ya DBE na u ita nyito ya u ṅwala nthihi kana mbili kana u tou ita kha vhege kha ṅdivho thangeli na kha matshilisano a tshitshavha

<p>ZWIKILI NA VHUVHA/ MIKHWA:</p> <ul style="list-style-type: none"> ● U sedzulusa ● Nyambedza no ● Mikhwa yavhu ḡi ● U wanulusa / Vhuṅe ● Vhukoni ha u <p>-Ṱhonifha -Konḡelela nz.</p>	<ul style="list-style-type: none"> ● Usumbedza Ṱhonifho, lufuno, u vhavhalela na u Ṱanganedza ● U sumbedzela SKAVs 	<ul style="list-style-type: none"> ● U sumbedza Ṱhonifho, u vhavhalela na u Ṱanganedza ● U sumbedzela SKAVs 	<ul style="list-style-type: none"> ● U bvedza kuḡele kwavhuḡi, vhuḡifulufheli, u ḡi funa, na u Ṱhonifha phambano 	<ul style="list-style-type: none"> ● U bvedza kuḡele kwavhuḡi, vhuḡifulufheli, u ḡi funa, na u Ṱhonifha phambano 	<ul style="list-style-type: none"> ● Vhuṅe ● U wanulusa ● Ṱhonifho ● U konḡelela ● U tevhedza milayo ya tshikolo na ya kiḡasini 	<ul style="list-style-type: none"> ● Vhuṅe ● U wanulusa ● Ṱhonifho ● U konḡelela ● U tevhedza milayo ya tshikolo na ya kiḡasini 	<ul style="list-style-type: none"> ● U sedzulusa ● U wanulusa ● Ṱhonifho ● U londa 	<ul style="list-style-type: none"> ● U sedzulusa ● U wanulusa ● Ṱhonifho ● U londa ● U vhambedza 	<ul style="list-style-type: none"> ● U sedzulusa ● U vhambedza ● U wanulusa ● Nyambedza no ● U rekhoda/ u ṅwala muvhigo ● U wanulusa 	<ul style="list-style-type: none"> ● U sedzulusa ● U vhambedza ● U wanulusa ● Nyambedza no ● U rekhoda ● U wanulusa.
<p>KHONTSEPU THI DZA NDEME NA NḡIVHO:</p>	<ul style="list-style-type: none"> ● Nḡivho ya u ranga kha milayo na maitele ● Fhethu ngomu kiḡasini na tshikoloni ● Nḡivho ya u ranga 	<ul style="list-style-type: none"> ● Nḡivho ya u ranga kha milayo na maitele ● Fhethu ngomu kiḡasini na tshikoloni ● Nḡivho ya u ranga 	<ul style="list-style-type: none"> ● Muṅwe na muṅwe ha fani na muṅwe ● Ndivho, vhuṅe, Ṱhonifho, u wanulusa zwithu zwine ive/vhaṅwe vha kona u ita. 	<ul style="list-style-type: none"> ● Zwino fana na zwi sa fani ● U Ṱhonifha zwi no fana na zwi sa fani zwau na zwa vhaṅwe. 	<ul style="list-style-type: none"> ● Madzina ● Milayo na Dzirothini 	<ul style="list-style-type: none"> ● Madzina ● Milayo na Dzirothini 	<ul style="list-style-type: none"> ● U londa/ Ṱhogomela muvhili wau ● U ḡivha uri kuḡele kwavhuḡi ndi mini na uri zwi tevhedzwa hani 	<ul style="list-style-type: none"> ● Rothini ya u ya bungani ● U londa/ Ṱhogomela muvhili wau ● U ḡivha nyonyoloso dzavhuḡi na mitambo ● U shumisa ṅdivho 	<ul style="list-style-type: none"> ● Nḡivho ya kuambarele u ya nga mutsho 	<ul style="list-style-type: none"> ● U londa/Ṱhogo mela maṰo

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<p>NDIVHO THANGELI:</p>	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha 	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha 	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha 	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha 	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha 	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha 	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha 	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha 	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha 	<ul style="list-style-type: none"> ● Zwikili zwa u ðivha ● Ndivho ya ðuvha na ðuvha
<p>MAGUDISWA A TPKL:</p> <p>KHA VHA HUMBULE u ita nyito dzi no bveledza</p> <p>VHULANGI HA MIHUMBULO, u shumisa muhumbulo, vhukoni na u ðilanga.</p> <p>Kha vha vhone uri bugu ya u shumela ya DBE i khou shumiswa lwo linganelaho</p>	<ul style="list-style-type: none"> ● U bveledza u vhona ● Mitambo ya u topola na u bula zwiþiða zwa maipfi-tsumbo; zwiililo zwa phukha, miungo ya ðuvha na ðuvha, muzika, nz. ● Phetheni muvhala na tshivhumbeo ● U fhaþa phazele ● U wana dzina ðanga ● Mitambo 	<ul style="list-style-type: none"> ● U bveledza u vhona ● Mitambo ya u topola na u bula zwiþiða zwa maipfi-tsumbo; mitambo ya ðivhadza tsumbo; zwiililo zwa phukha, miungo ya ðuvha na ðuvha, muzika, nz. ● Phetheni muvhala na tshivhumbeo ● U fhaþa phazele ● U wana dzina ðanga ● Mitambo 	<ul style="list-style-type: none"> ● Ri vha ndeme ro khethea na hone a ri fani na vhañwe ● Zwithu zwine nda kona u zwi ita (u vhala, u ðivha mivhala, u fhufha na zwiñwe) ● Nyambedzan o ● <i>Ndo bebwa ngafhi?</i> 	<ul style="list-style-type: none"> ● Zwine nda fana ngazwo na khonani dzanga. (vhulapfu, mavhudzi, muvhala, mbeu, tshileme nz.) ● Zwine nda fhambana ngazwo na khonani dzanga ● Discussion; show and tell 	<ul style="list-style-type: none"> ● Dzina ða tshikolo, mudededzi na þoho ya tshikolo ● Mishumo ya kiðasini na milayo 	<ul style="list-style-type: none"> ● Dzina ða tshikolo, mudededzi na þoho ya tshikolo ● Mishumo ya kiðasini na milayo 	<ul style="list-style-type: none"> ● U eðela ● U ða zwiðiwa zwi re na mutakalo ● U ðamba zwanda ● U dzula wo kuna ● Mavhudzi, maño na ñala ● Ndi dzudza muvhili wanga wo kuna: ● Mañwe a madzema avhuði 	<ul style="list-style-type: none"> ● Kushumisele kwavhuði kwa bunga ● U ita nyonyoloso na u tamba misi tshoþhe ● U fhungudza u vhona thejevishini 	<ul style="list-style-type: none"> ● Tshiimo tsha mutsho na rine_hu tshi katelwa na zwiambaro, zwiðiwa, nyito 	<ul style="list-style-type: none"> ● Ni songo lavhelesa ðuvha no livhana naðo
<p>MAÐUVHA A VHURERELI NA MAÑWE O KHETHEAHO ANE A PEMBELELWA NGA TSHITSHAVHA A TEA U AMBIWA NGA HAO MUSI A TSHI BVELELA KHA THEMO</p>										

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	<p>ZWISHUMISWA: Kha vha vhona uri bugu ya u shumela ya DBE I khou shumiswa lwo linganelaho</p> <p>U vhala na U Pfesesa</p>	<ul style="list-style-type: none"> ● Zwithu zwa 3D -Mutshelo, goloji, zwipuka nz ● Mivhala ● Saizi ● Zwivhumbeo ● Masia ● Magaraṭatai ● Garaṭa dza madzina ● Tswayo ● Saga dza ṅawa, nz 	<ul style="list-style-type: none"> ● Zwithu zwa 3D -Mutshelo, goloji, zwipuka, nz ● Muvhala ● Saizi ● Tshivhumb eo ● Masia ● Magarata tai ● Garaṭa dza madzina ● Tswayo ● Saga dza ṅawa, nz 	<ul style="list-style-type: none"> ● DBE WB pg. 2. ● DBE WB pg. 6 ● Tshati ● Magaraṭatai 	<ul style="list-style-type: none"> ● DBE WB pg. 6-8 ● Zwithu zwa 3D ● Tshati ● Magaraṭatai ● Tshati ya vhulapfu ● Tshikalo 	<ul style="list-style-type: none"> ● DBE WB pg. 12-13 ● Zwithu zwa 3D ● Mgararaṭatai ● Tshati 	<ul style="list-style-type: none"> ● DBE WB pg. 16 ● Zwithu zwa 3D ● Magaraṭatai ● Tshati 	<ul style="list-style-type: none"> ● DBE WB pg. 20-21 ● DBE WB pg. 24. ● Zwithu zwa 3D ● Magaraṭatai ● Tshati 	<ul style="list-style-type: none"> ● DBE WB pg. 22-23 ● DBE WB pg. 26-27 ● DBE WB pg. 28 ● DBE WB pg.29 	<ul style="list-style-type: none"> ● DBE WB pg. 31-32 ● Zwithu zwa 3D ● Magaraṭatai ● Tshati ● Vidio 	<ul style="list-style-type: none"> ● Magaraṭatai ● Tshati ● Vidio
	<p>U LINGA HU SI HA FOMAJA</p>	<ul style="list-style-type: none"> ● Nyito dzi fanela u lavheleswa na u lingwa nga tshifhinga tsha gundo dza ḽvha na ḽvha dza Zwikili zwa Vhutshilo. Vha dovhe hafhu u dzhiela nzhele zwikili (SKAVs) zwo bveledzwaho na u koneswa zwa Luambo lwa Hayani na Mbalo. ● Nyito dza u ṅwala dzi nga ṅewa ● Zwikili, U shumisa ṅdivho, vhuvha na mikhwa a zwo ngo randelwa nyito ya u linga fhedzi vha fanela u vhona uri vhagudi vha ṅewa tshikhala tsha u sumbedza zwikili izwi nga u amba, nga u ita na nga ṅḽila ya u ṅwala. ● Izwi zwi tea u itwa lu si lwa fomaḽa nahone zwi sa imi. 									
<p>U LINGA HA TSHIKOLONI:</p>	<p>KHA VHA SEDZE KHA GAIDI YA DBE YA SBA.</p> 										

NDI VH O	THEMO 1 MADUVHA A 45	VHEGE 1	VHEGE 2	VHEGE 3	VHEGE 4	VHEGE 5	VHEGE 6	VHEGE 7	VHEGE 8	VHEGE 9	VHEGE 10
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TH AN GE LI NA MU TA KA LO WA VH UN Ê NA WA TS HIT SH AV HA	T̥HOHO DZA TPKL:	NGUDO YA U RANGELA/ MVELEDZISO YA KUVHONELE	NGUDO YA U RANGELA/ MVELEDZISO YA KUVHONELE	N̥NE MVELEDZISO YA KUVHONELE	N̥NE MVELEDZISO YA KUVHONELE	TSHIKOLONI	TSHIKOLONI	MADZEMA A VHUḐI	MADZEMA A VHUḐI	MUTSHO	MUTSHO
	ZWIKILI NA MIKHWA: tsumbo; <ul style="list-style-type: none"> • U sedza • U vhambedza • U vhulunga/ • U kala • Zwiitisi na masiandaitwa • Nyamb edzano • Ndeme, u thogomela 	<ul style="list-style-type: none"> • U sumbedza zwikili na vhukoni 	<ul style="list-style-type: none"> • U sumbedza zwikili na vhukoni 	<ul style="list-style-type: none"> • U davhidzana • U sedza 	<ul style="list-style-type: none"> • U davhidzana • U sedza 	<ul style="list-style-type: none"> • U lavhelesa • U ṭalusa zwiitisi na masiandaitwa • U davhidzana • U disa thandululo 	<ul style="list-style-type: none"> • U ṭalutshedza • Mvumbo • U ṭalusa zwiitisi na masia nda itwa • U davhidzana • U ḑisa thandululo • Mikhwa/ Milayo 	<ul style="list-style-type: none"> • U thogomela • U vhambedza 	<ul style="list-style-type: none"> • U thogomela • U vhambedza 	<ul style="list-style-type: none"> • U lavhelesa • U vhambedza • U ṭalusa • U vhekanya • U kala • U lingedza u ita • U davhidzana • U thonifho 	<ul style="list-style-type: none"> • U lavhelesa • U vhambedza • U ṭalusa • U vhekanya • U kala • U lingedza u ita • U davhidzana • U thonifho
<p>KHA VHA HUMBULE u ita nyito dzi no bvedza Vhulangi ha muhumbulo: U shumisa muhumbulo, vhukoni na u ḑilanga.</p>											
KHONTSEPUHI DZA NDEME NA NḐIVHO:	<ul style="list-style-type: none"> • Masia, tsini na, muraha, phanḑa ha, muraha ha, nṭha ha [Ḑivhamaipfi ya Mbalo] 	<ul style="list-style-type: none"> • Masia, fhethu, tsini na, muraha ha, phanḑa ha, nṭha ha [Ḑivhamaipfi ya Mbalo] 	<ul style="list-style-type: none"> • Nḑivho ya zwidodombed zwa zwa vhuṇe • Hune nda dzula, nomboro dza luṭingo na miṇwaha 	<ul style="list-style-type: none"> • Nḑivho ya zwidodombe dzwa zwau • Hune nda dzula, nomboro dza luṭingo na miṇwaha • Ndo bebwa fhi?(fhethu) 	<ul style="list-style-type: none"> • Nḑivho ya tshikolo tshau • Masia na u mona • U tevhela mapa u sa dini 	<ul style="list-style-type: none"> • U pfesesa ndeme na thodea ya mishumo na milayo ya kiḑasini • U nḑivha na u tevhedza milayo • U humbula na ṭalukanya 	<ul style="list-style-type: none"> • Kulele kwa vhuḑi ku re na mutakalo • U dzula wo takala 	<ul style="list-style-type: none"> • Kulele kwa vhuḑi ku re na mutakalo 	<ul style="list-style-type: none"> • U sedza nyimele ya mutsho • U ṭalusa nyimele • Masiandaitwa kha riṇe • U nḑivha, u shumisa zwiga • U vhiga 	<ul style="list-style-type: none"> • U sedza nyimele ya mutsho • U ṭalusa nyimele • Masianda itwa kha riṇe • U vha na vhungoho ha kutshilele kwa vhuḑi 	

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			<ul style="list-style-type: none"> ● <i>Ndo bebwa fhi?(fhethu)</i> 			ndila ya u ya tshikoloni			<ul style="list-style-type: none"> ● U rekhoda ● U talutshedza 	
<p>MAGUDISWA A TPKL:</p> <p>KHA VHA ITE URI VHA SHUMISE BUGU YA U SHUMELA YA DBE HUMBULANI u ita nyito dzi no bveledza vhulangi ha mihumbulo, u shumisa muhumbulo, vhukoni na u dilanga</p>	Notsi: Tshati ya mutsho i tea u vusuludzwa niwaha wothe		<ul style="list-style-type: none"> ● Zwidodombed zwa zwa vhuṅe sa dzina, diresi, nombor o dza luṅingo na miṅwaha ● Nga ha nṅe muṅe 		<ul style="list-style-type: none"> ● Dzina la tshikolo, mudededzi na thoho ya tshikolo ● Hune ra nga wana fhethu ho fhambananaho tshikoloni hu tshi angaredzwa mabunga, ofisi na fhethu ha u tambela 	<ul style="list-style-type: none"> ● Mishumo ya kilasini na milayo ● Nḡila ine nda ya ngayo tshikoloni ● Ndi di hudza nga tshikolo tshanga 			<ul style="list-style-type: none"> ● Tshati ya mutsho ya duvha liṅwe na liṅwe ● U dzulela u sedzulusa tshiimo tsha mutsho ● U fhisa, u rothola, muya, makole, duvha, hu na khuli, hu na mvula ● Zwiga zwa u talutshedza nyimeletsha ya mutsho 	U talutshedza vhagudi uri ndi ngani vha sa tei u lavhelesa duvha vho livhana naḷo
<p>ZWISHUMISWA</p> <p>U KHWAṬHISA U SHUMISWA HA BUGU YA U SHUMELA YA DBE</p> <p>U vhalu hu na u pfesesa maṅwalwa a kholekhole na a vhukuma</p>			<ul style="list-style-type: none"> ● DBE WB Pg.2 ● Magaraṭatai ● Tshati 		<ul style="list-style-type: none"> ● Magaraṭatai ● Tshati ● Vidio 	<ul style="list-style-type: none"> ● DBE WB Pg. 12-13 ● DBE WB pg16-17 ● DBE WB pg. 18 ● Magaraṭatai 			<ul style="list-style-type: none"> ● DBE WB pg. 30. ● Tshati ya mutsho ● Zwiga ● Magaraṭatai 	● DBE WB pg. 31- 32.

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MUTSHO: MUTSHO U FANELA U FUNZWA U SWIKELA VHAGUDI VHA TSHI KONA U SEDZA MUTSHO NGA VHONE VHANE VHA KONA U TSHINTSHA MAGARAṬA ḐUVHA NA ḐUVHA.

TSHATI YA MUTSHO I TEA U VUSULUDZWA ḐUVHA NA ḐUVHA U SWIKA ṆWAHA U TSHI FHELA.

- Mahumbulelwa
- Thempharetsha ya nṭha na wa fhasi
- Zwiga (Seḑishiasi, mvumbo ya mutsho)
- U ambarela ha makole
- U fhedzisa tshati yawe ya mutsho- Manyaqi (mvula), muya,nz.

U LINGA HU SI HA FOMAḐA

- Nyito dzi tea u lavheleswa na u lingiwa nga tshifhinga tsha ngudo dza ḑuvha na ḑuvha kha Zwikili zwa Vhutshilo. Vha dovhe hafhu u dzhiele nzhele zwikili zwo koneswaho zwa luambo lwa hayani na mbalo.
- Vha nga ṅewa dziṅwe nyito dza u ṅwala.
- Zwikili, U shumisa ṅḑivho, vhuvha na mikhwa a zwo randelwa u vha nyito dza u lingiwa fhedzi kha vha vhone uri vhagudi vha ṅewa tshikhala tsha u sumbedza vhukoni ha izwi zwikili nga u amba kana u tou ita.
- Izwi zwi itwa lu si lwa fomaḑa nahone zwi sa imi.

U LINGA HA TSHIKOLONI:

- KHA VHA SEDZE KHA GAIDI YA DBE YA SBA



**THEMO 1
MADUVHA 45**

VHEGE 1

VHEGE 2

VHEGE 3

VHEGE 4

VHEGE 5

VHEGE 6

VHEGE 7

VHEGE 8

VHEGE 9

VHEGE 10

TḐHOHO DZA TPK (CAPS):

**MVELEDZISO
YA
KUVHONELE**

**MUTHEO WA
NḐIVHO**

NḐE

NḐE

TSHIKOLNI

**TSHIKOLON
I**

**MADZEMA
AVHUḐI**

**MADZEMA
AVHUḐI**

MUTSHO

MUTSHO

UVHUSIKI HA 2D

Kha vha shumise zwipiḑa zwa vhutsila sa mushumo wa u amba na u engedza u ṅwala ha vhusiki.

Vhagudiswa nga muthihi vha tea u vha na tshifaredzi tshawe tsha zwishumiswa zwawe (guḑuu, tshigero, khirayoni dza penisela, khirayoni, nz) Arali izwi zwi sa konadzei, kha vha ole nga zwine zwa vha hone.

HUMBULANI u ita nyito dzi no bveledza Vhulangi ha mihumbulo:

U shumisa muhumbulo, vhukoni na u ḑi langa

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●Olani zwifanyiso zwa <u>u</u> inwi mu <u>u</u> ni tshi shumisa zwishumiswa zwo fhambanaho, khirayoni dza mapfura o dziaho kana tshoko		x								
●U ola na u pennda zwifanyiso zwawe hu na vhu <u>u</u> mani na vha <u>u</u> we						X				
●U pennda tshifanyiso tsha ene mu <u>u</u> a tshi dzhenisela- ma <u>u</u> , n <u>u</u> ve, ningo na mulomo; u ita nyambedzano nga ha mbonalo ya zwire kha <u>u</u> ho, tshivhumbeo, muvhala na mutalo.					x					
●U gan <u>u</u> isa phetheni nga gwindi <u>u</u> ennge <u>u</u> o denyefhalaho.								x		
VHUSIKI HA 3D (ZWIFHA<u>u</u>) U shumisa nyito ya kupfesesele kwa <u>u</u> -Nyito i thusa u <u>u</u> anganyisa/ u dovhola zwivhumbeo zwa dzhome <u>u</u> hiri (Mbalo)										
● U fha <u>u</u> bogisi hu tshi shumiswa zwishumiswa zwo vusuludzwaho, hu tshi ombedelwa zwivhumbeo zwa dzhome <u>u</u> hiri, hu itwe nyambedzano nga ha zwivhumbeo.									X	x
VHUTSILA/ VHUKONI HA U ITA U SONGO <u>u</u> LUGISELA NA U <u>u</u>ALUTSHEDZA										

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Shumisani tshikala tshe na tetshelwa – Ni nga shumisa nyito nga kupfesesele kwa^{nu}
ZWIDDOMBEDZWA IZWI NDI ZWA NDEME KHA U TIKEDZA MUHUMBULO –MATSHILISANO A MUHUMBULO, THIKHEDZO YA VHUPFIWA NA VHUVHA

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● U sedzulusa tshivhumbeo na tshileme nga nyito ya maipfi na musudzuluwo sa , zwokombamaho, tsekene, vuleaho, kulenyana, u kokodza bogisi ji lemelahe, nz			X							
● U imba nyimbo dza mvelele hu tshi shumiswa u tshimbidza muvhili nga ndila yo teaho na nyedziselo. DBE WB pg.10					x					
● U shumisa zwileluwaho zwi re hone zwi tshi katela na tshenzhemo yo dowealeho mutani wa hanu na tshitshavhani sa, “vhuṭambo ha mabebo”, “mitambo”, nz								x		
● U tamba jitambwa: u vhumba zwiṭori zwa mitaladzi i si gathi.										x

MITAMBO NA ZWIKILI ZWA VHUSIKI

Kha hu shumiswe tshikhala tshine vha vha natsho kha zwidulo zwavho **kana tshikhala tsho dzudzanywaho nnga ho talwaho zwi no vhonala** (mitalo i nga taliwa kha tharamiki – vhana vha nga mona lwa 7 kana lwa 8 nga tshifhinga tshithihi zwi bva kha nomboro ya mitalo- Arali hu sina tshikhala, ni songo ita nyya musudzuluwo


ZWIDDOMBEDZWA IZWI NDI ZWA NDEME KHA U TIKEDZA MUHUMBULO –MATSHILISANO A MUHUMBULO, THIKHEDZO YA VHUPFIWA NA VHUVHA.

● U dudedza zwipiḁa zwa muvhili sa, “u lidza piano”, “u ṭamba muvhili”, u zuza maḁi, n.z”	X	x			x					
● Vhupo ho tsiredzeaho: u wana fhethu hau: masia, fhethu, tsini na,	X									

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<p>murahu ha, nga phanda ha, ntha ha [Divhamaipfi ya Mbalu] kha vha shumise saga [a nawa kana bola yo itwaho nga mabambiri.</p> <ul style="list-style-type: none"> Vhupo ho tsireledzeaho: u wana vhuimo hau na u kovhekana tshikhala hu si na u kušana. 										
<ul style="list-style-type: none"> U tshimbidza muvhili nga u sudzuluwa: u tshimbila, u tamba khadi na u gidima u tshi ya phanda na murahu- tshikhala tsha iwe mune. 			X			x		x		
<ul style="list-style-type: none"> Hu si na musudzuluwo: u kotha magona, u ita tshitendeledi nga zwiendanungo shada na tshanda. 					x					
<ul style="list-style-type: none"> U dudedza ipfi:ndowe-ndowe dza u fema na mitambo ya vhusiki sa u dzima makhandela,n.z. Luimbo: Thoho thukhu thanu DBE WB pg 10 				x			x		X	x
<ul style="list-style-type: none"> U divha muvhili nga u tandula tshikhala na sia sa, fhasi, murahu, ntha, u shumisa mivhili kana zwikhakhisi. 	X	x								
<ul style="list-style-type: none"> U ima kha mutevhetsindo hu tshi tevhelwa tshanduko ya luvhilo, hu tshi vhandiwa zwanza kana u tshimbila nga tshifhinga kha muzika, sa musi u tshi tshimbila 			X			x			X	

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	nga nna-nna, u fhufha nga mbili- mbili. DBE WB pg.3										
	<ul style="list-style-type: none"> U xuxudza muvhili na u awela: tsumbo; u nokisa khandela, ' u xisa bałoni' 	X	x			x		x			
	U LINGA HU SI HA FOMAŁA	<ul style="list-style-type: none"> Nyito dzi tea u lavheleswa na u lingiwa nga tshifinga tsha ngudo dza đuvha na đuvha kha Zwikili zwa Vhutshilo. Vha dovhe hafhu u dzhiele nzhele zwikili zwo bveledzwaho na u koneswaho zwa luambo lwa hayani na mbalo. Kha vha vhone uri vhagudi vha đewa zwikhala zwa u sumbedza zwikili izwi nga u tou ita. Izwi zwi tea u itwa lu si lwa fomała nahone zwi sa imi. 									
	U LINGA HA TSHIKOLONI:	<p>KHA VHA SEDZE KHA GAIDI YA DBE YA SBA</p> 									

NG UD O YA NY ON YO LO SO	THEMO 1 MADUVHA 45	VHEGE 1	VHEGE 2	VHEGE 3	VHEGE 4	VHEGE 5	VHEGE 6	VHEGE 7	VHEGE 8	VHEGE 9	VHEGE 10
	T̂HOHO DZA CAPS :	NGUDO YA U RANGELA/ MUTHEO NDIVHO	NGUDO YA U RANGELA/ MUTHEO NDIVHO	N̂NE	N̂NE	TSHIKOLO NI	TSHIKOLONI	MADZEMA AVHUĐI	MADZEMA AVHUĐI	MUTSHO	MUTSHO
	ZWIKILI: HUMBULANI u ita nyito dzi no	<p>U TAMBA NDI MAITELE A TSIKO ANE VHAGUDI VHA GUDA KHA MIŃWAHA NA TSHIIMO TSHA NYALUWO. U TAMBA HU SONGO LITSHIWA.</p> <p>U țhogomela maimo a zwikhala .</p> <ul style="list-style-type: none"> Nyito dzo khwiniswa uri hu țhogomelwe maimo a zwikhala. 									

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<p>bveledza Vhualangi ha mihumbulo, u shumisa muhumbulo, vhukoni na u dilanga.</p>	<ul style="list-style-type: none"> • Nyito dzi a dzudzanyelwa nyimele ya kilasini – hune ha vha na u dalesa ha vhana- tendelani vhana u vha na vhuimo ha tshikhala nḡa ha kilasini. • Nyito dza musudzuluwo dzi nga itiwa musi vhana vha tshi khou tshimbila nga ngomu kana nga nḡa ha kilasi nga matsheloni kana hanefha vhukati. • U sumbedza nga nḡila yo tsireledzeaho musi u tshi khou tevhela ndaela dza u sudzuluwa. • Kha vha vhe na vhuḡanzi ha uri ngudo ya minetse dza 15 u swika 20- dzi na nyito dzi tevhelaho: U dudedza muvhili, zwa vhuḡhogwa na u netulusa muvhili. Vha nga ḡanganyisa dziḡwe nyito dza u dudedza muvhili, nyito dza vhusiki dza musi hu na musudzuluwo na musi hu si na musudzuluwona zwikili zwa Ngudo ya Nyonyoloso/PE. Arali vha na fhethu ho ḡanḡavhuwaho, vha nga engedza tshifhinga. • Kha vha tendele vhagudi vha shumise zwishumiswa zwavho kana vha nga shumisa zwishumiswa zwa zwigwada nga maḡuvha o fhambanaho vha tshi itela u sanithaiza. • Zwishumiswa zwoḡhe zwi tea u ḡanzwiwa tshifhinga tshoḡhe zwi tshi fhedza u shuma (ḡitha 1 ya maḡi na lebula khulwane 5 dza jiki) <p>KHA VHA DZHIELE NZHELE, NAHO NYITO DZO RANDELWA NGA VHEGE, VHA NGA SHANDUKISA NYITO ZWI TSHI YA NGA ḡHODḡEA DZAVHO/ KANA KUPFESESELE</p>									
<p>MUSUDZULUWO</p> <p>Hedzi nyito dzi tea u itwa fhethu he dza randelwa hone. Arali hu si na fhethu ho linganaho, hu fanelwa u shumiwa nga zwigwanda zwiḡuku KANA vha shandukise nyito (U ḡhogomelwa ha maga a Khovid 19)</p> <p>KUTSHIMBILELE NA U ONYOLOSA MISIPHA MIHULWANE NA YA NDEME INE YA VHA NA VHUḡHOGWA KHA U DZULA ḡAFULANI NA KHA THOVHO. ZWI DOVHA HAFHU ZWA NḡEA VHUPFIWA HA VHUVHA.</p>										
<p>• U shavha shavha na u tshimbila nga nḡila/ masia o fhambanaho</p>	X			X			X			X
<p>• Mitambo ya u shavhana/ tila u tshi mona na zwikili hu tshi shandukiswa masia</p>					X					
<p>• U shumisa zwipfi: u</p>		X								

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thetshesela – u thetshesela ndaela u tshi khou mona mona										
MUTEVHETSINDO (kha vha thogomele tshikhala- vhushaka ha vhukule) U fhufha zwidanga. Nwana muthihi nga tshifhinga tshithihi – kha vha sanithaize zwifaro zwa thambo										
● U thamuwa kha zwidanga				X						
● U fhufha khadi									X	
● U imba zwidade hu tshi khou itwa nyito nga muvhili			X				X			
NDINGANYELO Hu na vhulavhelesi ho khwaṭhaho - nwana muthihi nga tshifhinga tshawe (kha vha ole zwibuḽoko zwo vhalaho u itela uri vhana vha 5 vha ite nyito nga khathihi vha lavhelese u siana ha tshikhala vhukati ngeno vhaiwe vho dzula nga muduba vho lindela tshifhinga tshavho tshi tshi swika)										
● Mitambo ya u shavhana u mona na zwikitili hu tshi shandukiswa masia						X				
● U tshimbila u sa wi fhethu ho linganelaho fhasi u tshi ya							X			X

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masia o fhambanaho											
U LINGANYISA (kha tshidulo kana nn̄a fhethu ho dzudzanywaho ho vuleaho)											
<ul style="list-style-type: none"> Nyito nga u shumisa lurumbu lune u si lu shumisese [ND] – u fhufha u tshi shumisa mulenzhe u songo ḁoweleaho, u gavha bege yau ya ḁawa nga NB.tshand̄a, mulenzhe, n.z. 										x	
ZWIPOTSO NA MITAMBO Vha nga engedza mitambo yavho											
<ul style="list-style-type: none"> Mitambo ya musudzuluwo khontseputi ya saizi, vhukule, tshikhala na vhunzhi ho katelwaho 		x							x		
ZWISHUMISWA Kha vha ḁi ḁoḁele	<ul style="list-style-type: none"> Kha vha shumise maboḁelo o penndwaho a khoḁoḁiringi a si naho tshithu o ḁadzwa nga muḁavha sa zwa u kala/ khounu Khadi ya u fhufha –bege dza mapuḁasiḁiki a pick and pay dzo petwa dza ndapfu Masaga a ḁawa – zwikwea zwiḁuku zwo rungwa zwa ḁadzwa nga malungu, ḁawa, n.z. – zwo leluwa na u langea u shumisa masaga a ḁawa – bola dzo itwaho hayani-gurann̄a yo putelwa ya ita tshipulumbu ya khavariwa nga seḁotheiphi 										

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		<ul style="list-style-type: none"> ● Bimu ya ndinganyelo - zwidina zwo putelwa nga labi; zwibuḽoko zwo putelwa nga labi, n.z.
	U LINGA HU SI HA FOMAJA	<ul style="list-style-type: none"> ● Nyito dzi tea u lavheleswa na u lingiwa nga tshifhinga tsha ngudo dza ḽuvha na ḽuvha kha Zwikili zwa Vhutshilo. Vha dovhe hafhu u dzhiela nzhele zwikili zwo bveledzwaho na u koneswa zwa luambo lwa hayani na mbalo. ● Kha vha vhone uri vhagudi vha ḽewa zwikhala zwa u sumbedza zwikili izwi nga u tou ita. ● Izwi zwi tea u itwa lu si lwa fomaḽa nahone zwi sa imi.
	U LINGA HA TSHIKOLONI: SBA	<p>KHA VHA SEDZE KHA GAIDI YA DBE YA U LINGA HA TSHIKOLONI</p> 