

SESOTHO PUO YA LAPENG KEREITI 1

Moralo o fetotsweng wa ho ruta wa naha 2021

TATAISO YA HO SEBEDISA KHARIKHULAMO E FETOTSWENG BAKENG SA PUO KAROLO YA MOTHEO (KEREITI 1 – 3)

Ka kopo ela hloko ntlha tse latelang:

1. Kharikhulamo e lokisitswe ho akaretsa dikgopolole tsebo ya mantlha.
2. Tsebo yohle e abilwe ka nako e lekantsweng.
3. Dikahare di arotswe ka dibeke.
4. Dibeke tse tharo tse qalang Kereiting ya 1 di lokela ho nehelwa lenaneong la boitlhophiso ho etsa bonneta ba hore baithuti bohole ba loketse ho qala sekolo semmuso.
5. Dikahare tse itseng tsa Kereiti R di kenyeditswe dibekeng tse tharo tse qalang e le ho netefatsa hore dikgopolole tse hlokalang di se di ahilwe.
6. Ho lokela hore ho be le dikamano tse tiileng pakeng tsa dithuto, ka ho qoholleha Puo le Thuto ya Mantlha ya tsa bophelo dibekeng tse tharo tse qalang e le ho etsa bonneta hore tsebo ya mantlha ya temohisiso e ahilwe.
7. Dihlooho tsohle tsa puo di kenyeditswe, mme mesebetsi ya letsatsi ha ena nako e lekantsweng feela e sebediswa letsatsi lohle.
8. Padiso e lokela ho ikamahanya le tse latelang: **Nako e tsepameng ya ho bala le ho ngola (SLKT)**. Dikgopotso tsena di kenyeditswe hobane eka ho ena le kutlwisiso e fapaneng ya se bolewang ka Nako e tsepameng ya bala le ho ngola ho SLKT.
 - **Nako e tsepameng ya ho bala le ho ngola** ke nako e kenyeditsweng ka matla (nako e kalo ka hora) eo ho bala ka kopanelo ebe ho ngola ka kopanelo ho tla nka sebaka metsotsong e 15 e qalang. Kamora moo, ebole e amahantswe le tsebo ya mantlha eo ba ithutileng yona tshebetsong ya ho bala/ngola ka kopanelo, lentswe le boemo ba mosebetsi wa polelo di tla be di phethilwe (mohlala medumo). Sena se nka metsotsos e leshome.
 - Kamora moo, ho bala ka tataiso ya sehlopha e phethilwe, baithuti ba kopantswe ka dihlopha ka bokgoni ba ho bala.
 - Ka nako e tsepameng ya ho bala le ho ngola, motheo o behelwa tsebo e hlokalang bakeng sa ho bala ka bobedi, ho bala ka bonngwe le ho ngola ka bonngwe tseo E SENG KAROLO ya nako e tsepameng ya ho bala le ho ngola
 - Tsebo ya mantlha ho tswa dibakeng tse fapaneng di tshehetsa hona mme ha di tsamaye di le ding
9. Ha mosebetsi wa sehlopha o phethuwa, melawana ya ho sielana sebaka e lokela ho latelwa ke baithuti.
10. Matitjhere a lokela ho dula ba buisana le matitjhere a keretiti tse fetileng (ha ho kgoneha) e le hore ho se be le sekgeo ha baithuti ba ntse ba fetela pele ka kereiti.

TATAISO YA TEKANYETSO: TEKANYETSO YA MOTHEO / TEKANYETSO YA HO BALA

- E lokela ho etswa bekeng ya 2 le ya 3 kamora ho kgutielwa sekolong. Dumella baithuti ho tlwaela phaposiburutelo ya bona e ntjha pele ho tekanyetso efe kapa efe.
- Mesebetsi ya motheo ha e ya tshwanela ho ikemela empa e kenyelletswe tshebetson ya ho ruta le ho ithuta.
- E lokela ho etswa ka mokgwa o sa rerwang mme ka nako tsohle ebe ka ho shebella le ka molomo.
- Mesebetsi ya tekanyetso e tla tsepama ho dikahare tsa kereiti.
- Sepheo sa mesebetsi e tla ba ho fumana boemo ba baithuti bakeng sa ho tataisa tshebetso ya ho ruta le ho ngola ho ya pele.
- Titjhere a ka kopanya tekanyetso ya tsebo moo ho kgonahalang.
- Tsebo yohle e kenyeleditswa ho sa natswe hore e rutiwe ka 2020. Matitjhere a ka sebedisa masene ebang ba sa batle ho etsa tekanyetso ya tsebo yohle.

TEKANYETSO YA SEKOLONG

- Tekanyetso e etsahala nakong e tswelang pele boemong ba motheo (kereiti 1 – 3)
- Tekanyetso e ka etswa feela mosebetsing o rutilweng
- Karolo e kgutsufaditsweng ya 4 e sebediswe tekanyetsong tsohle.

2021 Moralo wa ho ruta wa selemo – Kotata 1: Sesotho Puo ya Lapeng Kereiti 1

SLKT Sehlooho	HO BUA LE HO MAMELA							
	Bonyane ba: metsotso e 45 (metsotso e 5 x 3) Moedi wa (metsotso e 5 x 4)							
Kotara 1 Matsatsi a 45	Beke 1 (matsatsi a)	Beke 2	Beke 3	Beke 4 le Beke 5	Beke 6 le Beke 7	Beke 8 le Beke 9 (Matsatsi a 4)	Beke 10 (Matsatsi a 3)	
Dikgopololo tsa mantlha, tsebo le ditekanyetso	<ul style="list-style-type: none"> Hlwaya le ho hhalosa phapang le tshwano ya dintho Beha dintho tse tsamayang mmoho, le ho bapisa dintho tse fapaneng O bina dipina le ho etsa diraeme mme a phethe ketso ka boitshepo a le mong Etsa thothokiso le diraeme mme a di bapatse ka boitshepo O bua ka ditshwantsho tse diphousetareng, ditjhateng tsa mokotaba, le tse dibukeng O mamela melawana e bonolo (ditlwaelo tsa phaposiborutelo) mme a arabele ka tshwanelo Tekanyetso ya motheo 	<ul style="list-style-type: none"> O mamela melawana e bonolo (ditlwaelo tsa phaposiborutelo) mme a arabele ka nepo O mamela ntle le tshitiso, a bontsha hlompho ho motho ya buang O mamela dipale mme o bontsha kutlwisiso ka ho araba dipotsotse itshetlehileng paleng O beha ditshwantsho tsa pale ka tatelano O arola dintho ho ya ka manane O mamela mathata mme a fane ka tharollo ya ona Tekanyetso ya motheo 	<ul style="list-style-type: none"> O bua ka diketsahalo tsa bophelo ba hae O araba dipotsotse jwaloka ka dintlha tsa bophelo ba hae O bina dipina mme a tshwantshise ka diketso O mamela melawana e bonolo (ditlwaelo tsa phaposiborutelo) mme a arabele O mamela dipale, diraeme, dithothokiso le dipina ka kgahleho, mme a tshwantshise karolo ya pale, pina kapa raeme O mamela melawana e bonolo (ditlwaelo tsa Phaposiborutelo) mme a arabele ka tshwanelo O qoholla ntlha e kgethilweng ho tswa tlhalosong ya molomo Tekanyetso ya motheo 	<ul style="list-style-type: none"> O mamela ntle le tshitiso O bua ka diketsahalo tsa bophelo ba hae O bina dipina mme a tshwantshise ka diketso O halosa dintho ka mmala, ka boholo, sebopaho, boleng ba tsona a sebedisa tlotlontswe e nepahetseng O bua ka ditshwantsho tse diphousetareng, ditjhateng tsa mokotaba, le tse dibukeng O halosa dintho ka mmala, ka boholo, sebopaho, boleng ba tsona a sebedisa tlotlontswe e nepahetseng O beha ditshwantsho tsa pale ka tatelano ka ho pheta mehopolo ya pale ka tatelano 	<ul style="list-style-type: none"> O mamela ntle le tshitiso O bua ka diketsahalo tsa bophelo ba hae O bina dipina mme a tshwantshise ka diketso O halosa dintho ka mmala, ka boholo, sebopaho, boleng ba tsona a sebedisa tlotlontswe e nepahetseng O nka karolo dipuisanong, ka ho siela ba bang sebaka sa ho bua mme a hlompha ba bang sehlopheng 	<p>NTLAFATSO</p> <ul style="list-style-type: none"> O mamela ntle le tshitiso O bua ka diketsahalo tsa bophelo ba hae O bina dipina mme a tshwantshise ka diketso O halosa dintho ka mmala, ka boholo, sebopaho, boleng ba tsona a sebedisa tlotlontswe e nepahetseng O beha ditshwantsho tsa pale ka tatelano ka ho pheta mehopolo ya pale ka tatelano 	<ul style="list-style-type: none"> O beha ditshwantsho tsa pale ka tatelano ka ho pheta mehopolo ya pale ka tatelano 	

SLKT Sehlooho	MEDUMO (Bonyane ba metsotso e 15 x 5 ka beke; Moedi wa metsotso e 15 x 5 ka beke) <i>Ruta medumo e ka bang 1-2 ka beke</i>							
Kotara 1 Matsatsi a 45	Beke 1 (Matsatsi a 3)	Beke 2	Beke 3	Beke 4 le Beke 5	Beke 6 le Beke 7	Beke 8 le Beke 9 (Matsatsi a 4)	Beke 10 (Matsatsi a 3)	
Dikgopololo tsa mantlha, tsebo le ditekanyetso	<ul style="list-style-type: none"> O arola dipelo tsa molomo ka mantswe mohlala. o opa matsoho bakeng sa lenseswe le polelong O arola mantswe a didumannotshi tse ngata ka medumo ya tsona mohlala. kwena: kw-e-na O elellwa medumo ya mantswe a itseng <i>Tekanyetso ya motheo</i> 	<ul style="list-style-type: none"> O elellwa le ho qapodisa ditlhaku tse itseng tsa alfabete tse jwalo ka ditlhaku tse lebitsong la hae O hlwaya morethetho wa mantswe a diraeme le dipina tse tlwaelehileng O qalella ho elellwa hore mantswe a bopilwe ka medumo jwalo ka tlhaku/ditlhaku tse qalang lebitso la hae <i>Tekanyetso ya motheo</i> 	<ul style="list-style-type: none"> O arola medumo e fapaneng e qalang ka ho e qapodisa O nka karolo mesebetsing ya phaposiburutelo ya kellelo ya medumo e qapodiswang O nka karolo modumo-tlhaku ya tlhaku e le nngwe O elellwa le ho bitsa ditlhaku tse itseng tsa alefabete O qalella ho bopa mantswe a makgutshwane a sebedisa medumo eo a ithutileng O hlwaya morethetho wa mantswe a di raeme tse le dipina tse tlwaelehileng 	<ul style="list-style-type: none"> O nka karolo mesebetsing ya phaposiburutelo ya kellelo ya medumo e qapodiswang O hlwaya dikamano tsa modumo- ya tlhaku e le nngwe O elellwa le ho bitsa ditlhaku tse itseng tsa alefabete O qalella ho bopa mantswe a makgutshwane a sebedisa medumo eo a ithutileng 	<ul style="list-style-type: none"> O nka karolo mesebetsing ya phaposiburutelo ya kellelo ya medumo e qapodiswang O hlwaya dikamano tsa modumo-tlhaku ya tlhaku e le nngwe O elellwa le ho bitsa ditlhaku tse itseng tsa alefabete: tuma tse 2 le didumiswa tse 6 bonyane O elellwa le ho bitsa ditlhaku tse itseng tsa alefabete: tuma tse 2 le didumiswa tse 6 bonyane O qalella ho bopa mantswe a makgutshwane a sebedisa medumo eo a ithutileng O qalella ho kopanya medumo ho bopa mantswe mohlala -ina, p- ina, b-in 	NTLAFATSO <ul style="list-style-type: none"> O elellwa le ho bitsa ditlhaku tse itseng tsa alefabete: tuma tse 2 le didumiswa tse 6 bonyane O qalella ho bopa mantswe a makgutshwane a sebedisa medumo eo a ithutileng O qalella ho kopanya medumo ho bopa mantswe mohlala -ina, p- ina, b-in 		

SLKT Sehlooho		HO BALA <i>Ela hloko ntlha ya 8 tataisong e leqepheng la pele.</i> Ho bala ka kopanelo: Bonyane ba: metsotso e 15 x 5 ka beke, Moedi wa: metsotso e 15 x 5 ka beke						
Kotara 1 Matsatsi a 45		Beke 1 (Matsatsi a 3)	Beke 2	Beke 3	Beke 4 le Beke 5	Beke 6 le Beke 7	Beke 8 le Beke 9 (Matsatsi a 4)	Beke 10 (Matsatsi a 3)
Dikgopolotsa mantlha, tsebo le diteka-nyetso	ho bala	<ul style="list-style-type: none"> O toloka ditshwantsho ho bopa mohopolo O tshwantshisa pale, pina, raeme O bala buka ya ditshwantsho Tekanyetso ya motheo 	<ul style="list-style-type: none"> O qalella ho bala mantswe a pheta-phetwang ka phaposi-borutelong (dileibole) 'O bala' dingolwa jwalo ka dipolelo tse ngotsweng ke titjhere Tekanyetso ya motheo 	<ul style="list-style-type: none"> O tseba ho arohanya ditshwa-ntsho ho mongolo O hlwaya dikamano tsa modumo-tlhaku ya tlhaku e le nngwe O hopola dintlha mme o tseba le ho hlalosa mohopolo o moholo Tekanyetso ya motheo 	<p>Tsebo ya ho bala e rutwa ka nako ya ho bala ka kopanelo le ho bala ka tataiso ya sehlopha</p> <ul style="list-style-type: none"> O tshwara buka ka tsela e nepahetseng mme o phetla maeqephe hantle O sebedisa ditshwantsho ho noha seo pale e leng mabapi le sona: o bala buka ya ditshwantsho O hlalosa ditshwantsho ho iketsetsa pale ya hae, ke hore. "o bala" ditshwantsho O bokeletsa le ho bala mantswe a tikolohong ya hae O elellwa lebitso la hae mme o bitsa le bonyane ba bomphato ba hae ba lesome O bala dilebole le ditlhaloso tse ka phaposiborutelong O bua ka tlhokomelo ya buka le tshwaro ya yona O mamela le qoqa dipale le diratswana tse ding tse ballwang hodimo O eba le kutlwisiso ya motheo ya dingolwa e kenyeltsang: Moelelo wa buka – kantle, kapele, kamorao, sehlooho Moelelo wa seratswana – lentswe, mantswe a tshwanang, tlhaku, mabitso a ditlhaku, kamoo a amanang ka teng ka bonngwe-ka-bonngwe Tataiso: o qala ho bala kapele, a qetele ka morao; o bala ho tloha letsohong le letshehadi ho ya ho le letona le ho tloha hodimo ho ya tlase leqepheng, qalo, qetelo, mantswe a mahareng kapa ditlhaku kapa sebaka sa ona leqepheng Matshwao a puo: tlhaku tse kgolo, tlhaku tse nyane, kgutlo, feelwane, letshwao la potso 			
Dikgopolotsa mantlha tsebo le diteka-nyetso	Ho bala ka kopanelo	<ul style="list-style-type: none"> O bala buka tse kgolo kapa diratswana tse kgolo le phaposi kaofela mmoho le titjhere Tekanyetso ya motheo 	<ul style="list-style-type: none"> O bala buka tse kgolo kapa diratswana tse kgolo le phaposi kaofela mmoho le titjhere Tadimana le dikarowlana tsa seratswana Tekanyetso ya motheo 	<ul style="list-style-type: none"> O bala buka tse kgolo kapa diratswana tse kgolo le phaposi kaofela mmoho le titjhere Tadimana le mekgwa ya puo Tadimana le kutlwisiso ya seratswana 	<ul style="list-style-type: none"> O bala buka tse kgolo kapa diratswana tse kgolo le phaposi kaofela mmoho le titjhere Tadimana le medumo le maano a ho hlwaya mantswe Tadimana le kutlwisiso ya seratswana 	<ul style="list-style-type: none"> O bala buka tse kgolo kapa diratswana tse kgolo le phaposi kaofela mmoho le titjhere Tadimana le kutlwisiso ya seratswana 		

SLKT Sehlooha Topic		HO BALA						
		Ho bala ka tataiso ya sehlopha: metsots e 15 x 2 ka letsatsi (dihlopha tse pedi ka letsatsi) Ho bala ka bonngwe/bobedi: makgetlo a 2 bekeng						
Kotara 1 Matsatsi a 45-Term 1 45-days		Beke 1 (Matsatsi a 3)Week-1 (3-days)	Beke 2 Week-2	Beke 3 Week-3	Beke 4 le Beke 5 Week-4 & Week-5	Beke 6 le Beke 7 Week-6 & Week-7	Beke 8 le Beke 9 (Matsatsi a 4) Week-8 & Week-9 (4-days)	Beke 10 (Matsatsi a 3) Week-10 (3-days)
Dikgopolotsa mantla, tsebo le ditekanyet so	Ho bala ka tataiso ya sehloph a	<ul style="list-style-type: none"> O tshwara buka ka nepo mme o phetla maqephe hantle O elellwa lebitso la hae O bua ka tshwaro ya buka le tlhokomelo ya yona Tekanyetso ya motheo 	<ul style="list-style-type: none"> O qalella ho bopa tloltlontswe O qalella ho elellwa hore mantswe a bopilwe ka medumo jwalo ka ditlhaku tse qalang lebitso la hae O ba le kutlwisiso ya motheo ya dingolwa Tekanyetso ya motheo 	<ul style="list-style-type: none"> Tataiso mohlala o qala ho bala qalong, o bala ho tloha letshong le letshehadi ho ya ho le letona jwalojwalo O qalella ho bopa tloltlontswe O sebedisa ditshwantsho ho bopa pale ya hae ka mantswe a mang o bala setshwantsho O pheta medumo ya ditlhaku le mantswe Tekanyetso ya motheo 	<ul style="list-style-type: none"> O balla hodimo ho tswa bukeng ya hae tataisong ya ho bala le sehlopha le titjhere, ho bolelang, sehlopha kaofela se bala pale e le nngwe O qalella ho bopa tloltlontswe 	<ul style="list-style-type: none"> O balla hodimo ho tswa bukeng ya hae tataisong ya ho bala le sehlopha le titjhere, ho bolelang, sehlopha kaofela se bala pale e le nngwe O qalella ho bopa tloltlontswe 	<ul style="list-style-type: none"> O balla hodimo ho tswa bukeng ya hae tataisong ya ho bala le sehlopha le titjhere, ho bolelang, sehlopha kaofela se bala pale e le nngwe O qalella ho bopa tloltlontswe 	<ul style="list-style-type: none"> O balla hodimo ho tswa bukeng ya hae tataisong ya ho bala le sehlopha le titjhere, ho bolelang, sehlopha kaofela se bala pale e le nngwe O qalella ho bopa tloltlontswe
	Ho bala ka boikemelo	<ul style="list-style-type: none"> O bala buka ya ditshwantsho 	<ul style="list-style-type: none"> O balla buka monate ka boikemelo, a phetla maqephe ka nepo mme a bontsha ho hlompha dibuka 	<ul style="list-style-type: none"> O balla buka monate ka boikemelo, a phetla maqephe ka nepo mme a bontsha ho hlompha dibuka 	<ul style="list-style-type: none"> O balla buka monate ka boikemelo, a phetla maqephe ka nepo mme a bontsha ho hlompha dibuka 	<ul style="list-style-type: none"> O balla buka monate ka boikemelo, a phetla maqephe ka nepo mme a bontsha ho hlompha dibuka 	<ul style="list-style-type: none"> O balla buka monate ka boikemelo, a phetla maqephe ka nepo mme a bontsha ho hlompha dibuka 	<ul style="list-style-type: none"> O balla buka monate ka boikemelo, a phetla maqephe ka nepo mme a bontsha ho hlompha dibuka

SLKT Sehlooho	HO NGOLA							
	<p style="text-align: center;">Metsotso e 15 x 2 ka beke</p> <p style="text-align: center;">Ho aha le ho hokahanya le ho bala ka kopanelo, dipuisano le boiphihlelo</p>							
Kotara 1 <u>Matsatsi a 45-</u> <u>Term 1</u> <u>45 days</u>	<u>Beke 1</u> <u>(Matsatsi a 3) Week 1</u> <u>(3 days)</u>	<u>Beke 2 Week 2</u>	<u>Beke 3 Week 3</u>	<u>Beke 4 le Beke 5 Week 4 & Week 5</u>	<u>Beke 6 le Beke 7 Week 6 & Week 7</u>	<u>Beke 8 le Beke 9</u> <u>(Matsatsi a 4) Week 8 & Week 9</u> <u>(4 days)</u>	<u>Beke 10</u> <u>(Matsatsi a 3) Week 10</u> <u>(3 days)</u>	
Dikgopololo tsa mantlha, tsebo le ditekanyetso	<ul style="list-style-type: none"> O taka setshwa-ntsho ho fetisa molaetsa o itseng ka ketsahalo ya bophelo ba hae O beha ditshwantsho tsa mantswe a merethetho e tshwanang ka dihlopha O kopa dithhaku le dinomoro tse tikolong ya phaposib-orutelo ha a 'ngola' Tekanyetso ya motheo 	<ul style="list-style-type: none"> O taka setshwa-ntsho ho fetisa molaetsa o itseng ka ketsahalo ya bophelo ba hae O kopa le ho ngola lebitso la hae O kopa dipolelo tse kgutshwane tse ngotsweng ke titjhere 	<ul style="list-style-type: none"> O taka setshwan-tsho ho fetisa molaetsa o itseng ka ketsahalo ya bophelo ba hae O kopa le ho ngola lebitso la hae O kopa dipolelo tse kgutshwane tse ngotsweng ke titjhere Tekanyetso ya motheo 	<ul style="list-style-type: none"> O kopa le ho ngola lebitso la hae, mantswe a makgutshwane le dipolelo ho tswa di leiboleng, phousetareng, le tlapangollong O kopa polelo e le nngwe ya ditaba tse ntjha ho tswa tlapangollong ka nepo O phehisa ka mehopolo ka nako ya ho ngola ka kopanelo bakeng sa pale ya phaposi e rekotwang ke titjhere molemong wa bopa diratswana tse ntjha O phehisa ka mehopolo ka nako ya ho ngola ka kopanelo bakeng sa pale ya phaposi e rekotwang ke titjhere molemong wa bopa diratswana tse ntjha O kopa polelo e le nngwe ya ditaba tse ntjha ho tswa tlapangollong ka nepo O phehisa ka mehopolo ka nako ya ho ngola ka kopanelo bakeng sa pale ya phaposi e rekotwang ke titjhere molemong wa bopa diratswana tse ntjha 	<ul style="list-style-type: none"> O kopa polelo e le nngwe ya ditaba tse ntjha ho tswa tlapangollong ka nepo O phehisa ka mehopolo ka nako ya ho ngola ka kopanelo bakeng sa pale ya phaposi e rekotwang ke titjhere molemong wa bopa diratswana tse ntjha O taka setshwantsho ho fetisa molaetsa O ngola tlhaloso ya setshwantsho 	<ul style="list-style-type: none"> O kopitsa polelo e le nngwe ya ditaba tse ntjha ho tswa tlapangollong ka nepo O phehisa ka mehopolo ka nako ya ho ngola ka kopanelo bakeng sa pale ya phaposi e rekotwang ke titjhere molemong wa bopa diratswana tse ntjha O qalella ho halosa ditshwantsho tse nang le dingolwa, ditlhaku, dinomoro, mantswe, le dipolelo tse bonolo 	<p>NTLAFATSO</p> <ul style="list-style-type: none"> O kopitsa/ ngololla polelo e le nngwe ya ditaba tse ntjha ho tswa tlapangollong ka nepo O phehisa ka mehopolo ka nako ya ho ngola ka kopanelo bakeng sa pale ya phaposi e rekotwang ke titjhere molemong wa bopa diratswana tse ntjha O phehisa ka mehopolo ka nako ya ho ngola ka kopanelo bakeng sa pale ya phaposi e rekotwang ke titjhere molemong wa bopa diratswana tse ntjha O phehisa ka mehopolo ka nako ya ho ngola ka kopanelo bakeng sa pale ya phaposi e rekotwang ke titjhere molemong wa bopa diratswana tse ntjha 	

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Kotara 1 Matsatsi a 45Term 4 45 days	Beke 1 (Matsatsi a 3)Week 1 {3-days}	Beke 2Week 2	Beke 3Week 3	Beke 4 le Beke 5Week 4 & Week 5	Beke 6 le Beke 7Week 6 & Week 7	Beke 8 le Beke 9 (Matsatsi a 4)Week 8 & Week 9 {4-days}	Beke 10 (Matsatsi a 3)Week 10 {3-days}
SLKT Sehlooho	MONGOLO Metsots e 15 x 4 ka beke						
Dikgopololo tsa mantlha, tsebo le ditekanyetso	<ul style="list-style-type: none"> O bapala diraeme tsa monwana ka ho bontsha ka monwana O bapala ho tshwara dibolo tse kgolo ka mekotla O latela dikemiso tsa mekgwa ya ditshwantsho le lebitso la hae moo le qalang teng le kamoo a tshwanetseng a latele tataiso moo a bontshitsweng Tekanyetso ya motheo 	<ul style="list-style-type: none"> O bopa dithlaku ka mmele ya bona ka bobedi kapa ka bonngwe O bopa dithlaku pente ya monwana, borashe ba pente, kapa dikerayone tse mafura O tshwara dikerayone ka nepo a bontsha kgatello Tekanyetso ya motheo 	<ul style="list-style-type: none"> O taka ka kerayone e mafura O bopa tataiso O etsa ditlhaku le diboptjwa ka letsopa le bapalang O hatellisisa le ho kopa lebitso la hae Hokahanya ho ruta ha ditlhaku tse nyane le lenaneo la medumo mmoho 	<ul style="list-style-type: none"> O ikwetlisa ho tshwara le ho bapadisa pensile le dikerayone O bopa kgokahanyo ya letsoho-leihlo ka ho penta, ho tabola pampiri, ho seha le mesebetsi ya ho hatellisa O taka mekgwa e fapaneng O kopa le hatellisa lebitso la hae O bopa ditlhaku tse nyane ka nepo 	<ul style="list-style-type: none"> O bopa kgokahanyo ya letsoho-leihlo ka ho penta, ho tabola pampiri, ho seha le mesebetsi ya ho hatellisa O taka mekgwa e fapaneng O bopa ditlhaku tse nyane ka nepo O kopa le ho ngola lebitso la hae, manswe a makgutshwane le dipolelo ho tswa di leiboleng, phousetareng, le tlapangollong 	<ul style="list-style-type: none"> O bopa kgokahanyo ya letsoho-leihlo ka ho penta, ho tabola pampiri, ho seha le mesebetsi ya ho hatellisa O taka ka mekgwa e fapaneng O bopa ditlhaku tse nyane ka nepo 	<ul style="list-style-type: none"> O bopa kgokahanyo ya letsoho-leihlo ka ho penta, ho tabola pampiri, ho seha le mesebetsi ya ho hatellisa O taka ka mekgwa e fapaneng O bopa ditlhaku tse nyane ka nepo

Tsebo e hloka halang	Dikgopololo tsa mantlha Kereiti R, tsebo le ditekanyetso
Disebediswa (tse ding tseo e seng buka ya sekolo) ho matla fatsa thuto	<ul style="list-style-type: none"> • Dibuka tsa padiso • Ditjhate tsa mantswe • Dibuka tsa mosebetsi tsa DBE • Dibuka tse kgolo • Ditshwantsho • Diphousetara
Tekanyetso ya ho ithuta	TEKANYETSO YA MOTHEO <ul style="list-style-type: none"> • Mesebetsi e lokela ho lekanyetswa le ho shejwa ka nako ya mesebetsi ya thuto ya Puo • Tsebo ka nngwe ha e ya etsetswa ho ba tekanyetso ya mosebetsi empa ho netefatsa hore baithuti ba fuwa menyetla ho bontsha bokgoni le tsebo ka bokgoni ka ho etsa le ka ho bua
Tekanyetso ya sekolong	TEKANYETSO YA KOTARA <p>1</p> <ul style="list-style-type: none"> • Mesebetsi e lokela ho lekanyetswa le ho shejwa ka nako ya mesebetsi ya thuto ya Puo. <p>Tsebo ka nngwe ha e ya etsetswa ho ba tekanyetso ya mosebetsi empa ho netefatsa hore baithuti ba fuwa menyetla ho bontsha bokgoni le tsebo ka bokgoni ka ho etsa, ho bua le ho ngola.</p> <ul style="list-style-type: none"> • Tekanyetso e ka nka sebaka feela ha dikgopotso di se di rutilwe mme baithuti ba bile le nako e lekaneng yah o ikwetlisa. • Tekanyetso ya mesebetsi ya molomo e lokela ho tsamaiswa le thuto ya tsa bophelo le dipalo moo ho kgonahalang • Tekanyetso ke tshebetso e tswelang pele e rerilweng ya ho bokelletsa, rekota, toloka, ho sebedisa le ho ngola ka dintlhla tsa tswelopele ya ngwana le seo a se fihlelltseng ho bopa tseba, bokgoni le maikutlo • Ho bohlokwa hape ho ela hloko hore mosebetsi wa tekanyetso ka nngwe o seke wa etswa e le teko kapa ketsahalo e le nngwe, empa o lokela ho ikamahanya le molao wa tekanyetso e tswelang pele ka nako tsohle <p>HO BUA LE HO MAMELA</p> <p>O pheta karolo tse kgolo tsa pale e tlwaelehileng e qoqilweng kapa e badilweng</p> <p>MEDUMO</p> <p>Tsa molomo le tse ngotsweng: Hlwaya dikamano tsa modumo wa tlhaku e le nngwe le tlhaku tse ding (didumannotshi le didumammo ho) (Nako e tsapameng ya ho bala: Nako e tsepameng ya medumo)</p> <ul style="list-style-type: none"> • HO BALA <p>Ka molomo: Ho bala ka tataiso ya sehlopha. Ho balla hodimo ho tswa bukeng ya hae ka ho bala ka tataiso ya sehlopha le titjhere le ho bala ka boikemelo (ho elellwa mantswe, ho balla moelego) (Nako e tsepameng ya ho bala)</p> <p>Ka molomo: Noha pale ka ho sebedisa ditshwantsho; o bala dibuka tsa ditshwantsho</p> <p>Tsebo ya kutlwisiso: Latelanya diketsahalo tse 3 ka nepo (Nako e tsepameng ya ho bala)</p> <ul style="list-style-type: none"> • HO NGOLA • Taka ditshwantsho ho fetisa molaetsa mohlala ketsahalo ya bophelo ba hae • Kopa ditlhoso tsa ditshwantsho le dipolelo • O phehisa ka mehopolo paleng ya phaposi <p>MONGOLO</p> <ul style="list-style-type: none"> • Ngola ditlhaku tse nyane ka nepo